

***SUNDAY OF MEAT-FARE***  
***February 12, 2023***



Icon of the Last Judgement—Matthew 25:31-46

**St. Anne Byzantine Catholic Church**

222 E. Foothill Boulevard  
San Luis Obispo, CA 93405

Parish Office: (805) 543-8883

Parish website: [www.stanneslo.org](http://www.stanneslo.org)

Pastor's e-mail: [stanneslo@gmail.com](mailto:stanneslo@gmail.com)

Served by:

Father Michael Bezruchka, Pastor

Deacon John Bradley

Bishop: Most Reverend Kurt Burnette, Apostolic Administrator Sede Vacante  
Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix

**Welcome!** We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you would like to be an active member of our Byzantine Catholic community, please contact the parish office. Since we are one Catholic Church with many Traditions (each that includes a liturgical rite), becoming a parishioner does not require that you make a canonical transfer of Rite, for example, from the Roman Rite to our Byzantine Rite. Yet we invite you to join us in our traditions, fast days, and feast days so as to better understand and perhaps one day embrace our Eastern Catholic spirituality. Please join us for our Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and make yourself known to our Pastor who would be happy to answer your questions. Welcome to St. Anne's!

**St. Anne bulletin email list:** Would you like to have our bulletin emailed to you each week? Request it at [slosa.email@gmail.com](mailto:slosa.email@gmail.com)

## Glory to Jesus Christ! Glory forever!

**This week's liturgical schedule:** (Check the MCI <https://mci.archpitt.org> for music and prayers.) Livestreaming of Sunday in the parking lot is available for those taking extra health precautions. Contact the pastor.

<b>Saturday, February 11</b> Use handout	<b>5 PM Great Vespers</b>	Isaiah 26:20 - 27:13; Joel 1:13 - 2:13.
<b>Sunday, February 12</b> Use handout	Confessions: 8:30-9:30 AM <b>10 AM Divine Liturgy</b> Intention: For Parishioners	<b><i>SUNDAY OF MEAT-FARE</i></b> 1 Corinthians 8:8-9:2; Matthew 25:31-46. <u>Tone 3</u>  <b>Meat-Fare Sunday Potluck</b>
<b>Monday, February 13</b>	<b>No liturgical services today.</b>	<b><i>Venerable Father Martinian</i></b> Parish Office Closed. Week of Cheese-fare
<b>Tuesday, February 14</b> MCI or p.	<b>7:00 AM Divine Liturgy</b> Dustin Favorite by KT	<b><i>Death of Cyril, the Apostle of the Slavs</i></b> Hebrews 7:26 - 8:2; John 10:9-16. Parish Office Open.
<b>Wednesday, February 15</b> Use handout	<b>7:00 AM Divine Liturgy</b> Alicia Greely by Jose & Belinda Gonzalez <b>5:30 PM RCIA Class</b>	<b><i>Holy Apostle Onesimus</i></b> Joel 2:12-26; Joel 4:12-21. Parish Office Open.
<b>Thursday, February 16</b> MCI or p. 381	<b>7:00 AM Divine Liturgy</b> +Dr. Bill Carnazzo by the Thomas Family	<b><i>Holy Martyrs, the Presbyter Pamphilius, Porphyrius and their Companions</i></b> Jude 11-25; Luke 23:1-24, 44-56. Parish Office Open.
<b>Friday, February 17</b> Use handout	Confessions: 4:30-5:00 PM <b>5:30 PM Divine Liturgy</b> Families of the Tornado Devastation by the Bradley Family	<b><i>Holy Great Martyr Theodore the Recruit</i></b> Zechariah 8:7-17; Zechariah 8:19-23. Parish Office Open.
<b>Saturday, February 18</b> MCI or p. 372	Confessions: 9:10-9:30 AM <b>10 AM Divine Liturgy</b> +Rev. Conon Howard Timoney by Sisters of the Order of St. Basil the Great <b>5 PM Great Vespers</b>	<b>Memory of Holy Ascetics</b> <b><i>Cheese-fare Saturday</i></b> Romans 14:19-23, 16:25-27; Matthew 6:1-13. Parish Office Open.  Sirach 28:1-7; Isaiah 58:1-11.
<b>Sunday, February 19</b> Use handout	Confessions: 8:30-9:30 AM <b>10 AM Divine Liturgy</b> Intention: For Parishioners  <b>12 PM Noon</b>	<b><i>SUNDAY OF CHEESE-FARE</i></b> <b><i>Forgiveness Sunday</i></b> Romans 13:11 - 14:4; Matthew 6:14-21. <u>Tone 4</u>  <b>ECF classes</b>

## UPCOMING CALENDAR DATES

### February 20: FIRST DAY OF THE GREAT FAST:

Feb. 20 at 6:30pm—Presanctified Divine Liturgy. Abstinence from meat and dairy required

### April 29-30: PARISH WEEKEND RETREAT: CALL TO HOLINESS

Presented by Hegumen (Abbot) Fr. Joseph M. Stanichar

**Birthdays:** [none] **Anniversaries:** [none]

**God grant them many blessed years!**

## SUNDAY GIFTS TO THE LORD

### February 5, 2023

Total bank Deposit: \$3,828.

**Total parish income: \$3,603**

**Tithes: \$2,915.**

**Building Fund: \$100.**

**Donations: \$362.**

**Candles: \$105.**

**\*Bishop's/Eparchial Appeal: \$225.**

**Gift Shop: \$121.**

\*These are special collections initiated by the Eparchy and do not count as income to the parish.

Your donations are enabling us to continue paying our bills at St Anne's. Thank you! Please note that you have three ways to contribute: 1) Place your donation in the collection basket or the secure locked box in the Narthex; 2) Mail it; or 3) Go to [www.stanneslo.org](http://www.stanneslo.org) and click on the Giving tab.

**May God bless your generosity to His Church!**

## OIL LAMP INTENTIONS

**Eternal Lamp above Ambon in church: [Available]**

**Eternal Lamp to St. Anne in the narthex: [Available]**

**Icon of Jesus Christ: [Available] Icon of the Theotokos: [Available]**

**Icon of St. John the Baptist: [Available]**

**Icon of St. Anne: [Available]**

**Icon of St. Nicholas: [Available]**

**Icon of St. Mary Magdalene: [Available]**

The large "eternal" vigil oil lamps have a suggested offering of \$10 and will burn continuously from Sunday through Saturday. The other smaller oil lamps are each available for a suggested \$2 offering, which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one above. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.) See narthex envelopes to sponsor a lamp. Make checks payable to **St. Anne Catholic Church**.

**LITURGY INTENTIONS** Please fill out one of the Liturgy Intention envelopes on the greeting table in the narthex with the name of your living or deceased person. Make checks payable to **St. Anne Stipends** and write "Liturgy Stipend" in your memo line. Donations are not required, though the suggested stipend from the Pastoral Handbook is \$10, which is later paid to the priest offering the Liturgy. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.)

**Father-Son Camp:** Alive in Christ camp is an ascetical boot camp for boys 7-17 and their fathers, and will be July 13-16 in Washington state. For more info., please contact Dcn. Jonathan at [dcndeane@ephx.org](mailto:dcndeane@ephx.org).

**FASTING for LENT:** The Great Fast (LENT) starts Feb. 20. Note that it begins on a Monday rather than on a Wednesday as in the Western Church. Remember, the minimum required by our Byzantine Catholic bishops is to abstain from meat on all Wednesdays and Fridays throughout the Great Fast and to abstain from meat and dairy on Pure Monday (Feb. 20 this year) and on Good Friday. The Traditional fast is to abstain from meat, dairy, wine, and oil throughout the full 40 days. Days of mitigation in the Traditional fast are Sundays and feast days such as March 25 in which wine and oil are allowed. Abstinence regarding food refers to the types of food we omit from our diet, such as meat, dairy, or both. Fasting, on the other hand, is the length of time we do not eat any food whatsoever. For example, some choose to not eat any food (fast) up until noon or 3pm on weekdays. (When most people talk about fasting, they usually mean abstinence only. More properly, fasting is a broader category “umbrella term” describing our penance and restraint in regard to food with the subcategories of abstinence and fasting {in the narrower sense} within that broader category.)

We are encouraged to do more than the minimum. The Byzantine Catholic Church's minimum requirement is one of abstinence, and does not include an obligation to fast. However, it is good to add fasting if we are able. A general caution for adults who are engaged in manual labor for work, those who are young children, and those who are elderly: this would likely harm your health by waiting until noon or 3pm to eat and is not recommended. Without harming our health, our penitential fasting and abstinence during the Great Fast should feel uncomfortable. This is a balanced and healthy approach spiritually and physically. Building discipline with food helps us say no to sin, and reminds us of our hunger for God (Matthew 4:4). In order for any increased fasting to be fruitful, we must accompany it with additional prayer and almsgiving.

**Meatless coffee socials during Great Fast:** It is customary for parishes to observe the Great Fast in some fashion during the Sunday coffee socials. In that spirit, and remembering that some of us keep the full traditional fast, I request that you refrain from bringing meat to the coffee socials throughout this penitential season.

**Parish Registration update FORM DUE NEXT SUNDAY:** Please return the form that was emailed or that you picked up in the narthex. The main thing is to get your preferences on birthdays and anniversaries. If you do not mark any preferences and return your form, we will continue publishing first and last names for your birthdays and anniversaries including your kids beginning with the February 26 bulletin like we used to do before. The form is due next Sunday, February 19. Thank you.

**FORGIVENESS SUNDAY:** The day before the Great Fast begins, the Gospel reading (Matthew 6:14-21) talks about how we must forgive our brothers and sisters in order to be forgiven by God. Many parishes take a portion of the Forgiveness Vespers of that evening and add it to the end of the Divine Liturgy and then exchange forgiveness with one another which is what we will do next Sunday.

**Parish weekend retreat at St. Anne's:** All are cordially invited to St. Anne Byzantine Church for a very special weekend retreat on **April 29-30, 2023** unpacking the **CALL TO HOLINESS** for each soul! This amazing retreat will be conducted by the venerable Hegumen (abbot) Fr. Joseph Stanichar of Duchovny Dom Monastery in Weston, Oregon. **SAVE THE DATES!** You don't want to miss this once in a lifetime opportunity. (Fr. Joseph was Fr. Michael's pastor as he grew up in Seattle.)

**Online Byzantine courses and resources:** Visit <https://tinyurl.com/ntmuetab> and <https://www.youtube.com/channel/UCzhBP62eRM1DurlY43SfNJw> to learn more about our Tradition. Another great website of Byzantine Catholic resources can be found at <https://godwithusonline.org>

#### **Safe Environment Info**

The Eparchy, within all its parishes, institutions and programs, is committed to assuring a safe environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People. For additional information regarding the eparchial Safe Environment Program or to report any incidents or concerns, please contact:

Sbdcn Paul Kilroy, Safe Environment Program Coordinator

Cell: (480) 745-0316 -- Office: (602) 861-9778 ext. 203 -- Email: [sbdcnkilroy@ephx.org](mailto:sbdcnkilroy@ephx.org)

Dcn. Michael Hanafin, Victim Assistance Coordinator

Cell: (480) 307-5182 -- Email: [vac@ephx.org](mailto:vac@ephx.org)