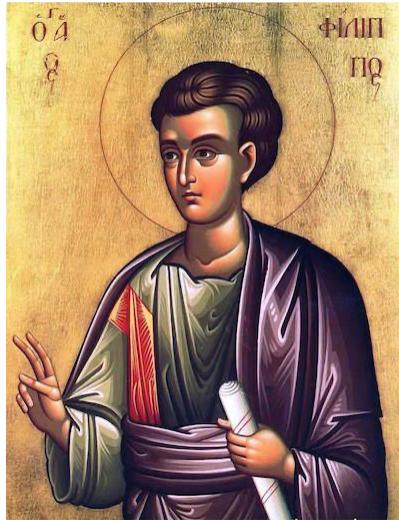


TWENTY-THIRD SUNDAY AFTER PENTECOST

November 13, 2022



November 14: St. Philip the Apostle

Philip's Fast: November 15 to December 24 (see insert for info)

St. Anne Byzantine Catholic Church

222 E. Foothill Boulevard
San Luis Obispo, CA 93405

Parish Office: (805) 543-8883

Parish website: www.stanneslo.org

Pastor's e-mail: stanneslo@gmail.com

Served by:

Father Michael Bezruchka, Pastor

Deacon John Bradley

Bishop: Most Reverend Thomas J. Olmsted, D.D., J.C.D. Apostolic Administrator Sede Vecante

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix

Welcome! We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you would like to be an active member of our Byzantine Catholic community, please contact the parish office. Since we are one Catholic Church with many Traditions (each that includes a liturgical rite), becoming a parishioner does not require that you make a canonical transfer of Rite, for example, from the Roman Rite to our Byzantine Rite. Yet we invite you to join us in our traditions, fast days, and feast days so as to better understand and perhaps one day embrace our Eastern Catholic spirituality. Please join us for our Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and make yourself known to our Pastor who would be happy to answer your questions. Welcome to St. Anne's!

St. Anne bulletin email list: Would you like to have our bulletin emailed to you each week? Request it at slosa.email@gmail.com

Glory to Jesus Christ! Glory forever!

This week's liturgical schedule: (Check the MCI <https://mci.archpitt.org> for music and prayers.) Livestreaming of Sunday in the parking lot is available for those taking extra health precautions. Contact the pastor.

Sat., Nov. 12 Use handout	5 PM Great Vespers	Leviticus 19:13-18; Proverbs 3:21-35.
Sunday, November 13 Use handout	Confessions: 8:30-9:30 AM 10 AM Divine Liturgy <i>For the Parishioners</i> 12:00 PM	<i>TWENTY-THIRD SUNDAY after PENTECOST</i> Ephesians 2:4-10; Luke 10:25-37. <u>Tone 6</u> ECF classes. 1pm is St. Nicholas Skit practice
Monday, November 14	No liturgical services today .	<i>Holy and Illustrious Apostle Philip.</i> Parish Office Closed.
Tuesday, November 15 Use handout	Philip's Fast begins Confessions: 6:30-6:45 AM 7:00 AM Emmanuel Moleben & First Hour	<i>Holy Martyrs and Confessors Gurias, Samonas and Habib.</i> <i>Format 4—Aliturgical: Day of Alleluia</i> Parish Office Open
Wednesday November 16 MCI or p. 368	Confessions: 6:15-6:30 AM 7:00 AM Divine Liturgy +Wilma Snyder by Robert & Mary Lynn Cihak 5:30 PM RCIA Class	<i>Holy Apostle and Evangelist Matthew.</i> 1 Corinthians 4:9-16; Matthew 9:9-13. Parish Office Open
Thursday, November 17 MCI or p. 372	Confessions: 6:15-6:30 AM 7:00 AM Divine Liturgy Brian by Karen S.	<i>Holy Father Gregory the Wonder-worker, Bishop of Neocaesarea.</i> 1 Thessalonians 5:1-8; Luke 16:1-9. Parish Office Open
Friday, November 18 MCI or p. 381	Confessions: 4:30-5:00 PM 5:30 PM Divine Liturgy +Dr. Bill Carnazzo by the Thomas Family	<i>Holy Martyrs Plato and Roman.</i> 1 Thessalonians 5:9-13, 24-28; Luke 16:15-18; 17:1-4. Parish Office Open
Saturday, November 19 MCI or p. 366	Confessions: 9:10-9:30 AM 10 AM Divine Liturgy Jim & Donna Snead by the Bagwells 5 PM Great Vespers	<i>Holy Prophet Obadiah.</i> 2 Corinthians 11:1-6; Luke 9:57-62. Parish Office Open Ecclesiastes 2:1-11; Sirach 11:10-27.
Sunday, November 20 Use handout	Confessions: 8:30-9:30 AM 10 AM Divine Liturgy <i>For the Parishioners</i> 12:00 PM 4 PM Great Vespers	<i>TWENTY-FOURTH SUNDAY after PENTECOST</i> Ephesians 2:14-22; Luke 12:16-21. <u>Tone 7</u> ECF classes. 1pm is St. Nicholas Skit practice <i>Solemn Holy Day: Entrance of the Theotokos</i>

UPCOMING CALENDAR DATES

November 21: FEAST DAY: Entrance of the Theotokos into the Temple (Solemn)

Nov. 20 at 4pm—Great Vespers; Nov. 21 at 8am—Matins; 10am—Divine Liturgy

December 6: FEAST DAY: St. Nicholas (Solemn)

December 6 at 10am and 6:30pm—Divine Liturgies

December 8: FEAST DAY: Maternity of St. Anne (Solemn)

December 7 at 6:30pm—Vigil Vespersal Divine Liturgy; December 8 at 10am—Divine Liturgy

Birthdays and Anniversaries: [none this week]

God grant them many blessed years!

SUNDAY GIFTS TO THE LORD

November 6, 2022

Total bank Deposit: \$15,182.10

Total parish income: \$15,167.10

Tithes: \$3,300

Building Fund: \$465

Donations: \$576

Candles: \$129.50

**Restricted donation—outdoor
sound system: \$2,000**

**Restricted donation—Window
security: \$8,560.60**

Gift Shop: \$136

***Priest's Medical Insurance: \$15**

*These are special collections
initiated by the Eparchy and do not
count as income to the parish.

Your donations are enabling us to continue paying our bills at St Anne's. Thank you! Please note that you have three ways to contribute: 1) Place your donation in the collection basket or the secure locked box in the Narthex; 2) Mail it; or 3) Go to www.stanneslo.org and click on the Giving tab.

May God bless your generosity to His Church!

OIL LAMP INTENTIONS

Eternal Lamp above Ambon in church: +Janice Sawko by Paul Sawko (1/29/23)

Eternal Lamp to St. Anne in the narthex: Colleen Elliott by Rusty & Juanita Risch (11/19/22)

Icon of Jesus Christ: [Available] Icon of the Theotokos: [Available]

Icon of St. John the Baptist: [Available]

Icon of St. Anne: +Ann & Alex Sawko by Paul Sawko (1/29/23)

Icon of St. Nicholas: [Available]

Icon of St. Mary Magdalene: +Sheryl Ibarra by Paul Sawko (1/29/23)

The large "eternal" vigil oil lamps have a suggested offering of \$10 and will burn continuously from Sunday through Saturday. The other smaller oil lamps are each available for a suggested \$2 offering, which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one above. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.) See narthex envelopes to sponsor a lamp. Make checks payable to **St. Anne Catholic Church**.

LITURGY INTENTIONS Please fill out one of the Liturgy Intention envelopes on the greeting table in the narthex with the name of your living or deceased person. Make checks payable to **St. Anne Stipends** and write "Liturgy Stipend" in your memo line. Donations are not required, though the suggested stipend from the Pastoral Handbook is \$10, which is later paid to the priest offering the Liturgy. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.)

Online Byzantine courses and resources: Visit <https://tinyurl.com/ntmuetab>

and <https://www.youtube.com/channel/UCzhBP62eRM1DurlY43SfNJw> to learn more about our Tradition.

Another great website of Byzantine Catholic resources can be found at <https://godwithusonline.org>

Dispensation from Abstinence on Friday after Thanksgiving: Our Apostolic Administrator Bishop Thomas Olmsted has granted the whole Eparchy a dispensation from abstinence from meat the day after Thanksgiving, Friday November 25.

Very sad day in California: On November 8, about two-thirds of the voters of California chose death. This happened when they voted for proposition 1. When the Israelites were brought to the Promised Land, they drove the nations out before them; not because there was no room for both groups of people to live, but because of their idolatry which included murdering their innocent children as sacrificial offerings to their false gods. This wickedness was and is abhorrent to God. However, we at St. Anne's and so many Catholic churches voted against this wickedness. Some of us have prayed in front of abortion clinics and offered to women support resources in crisis pregnancy situations. We are invited to pray and fast especially with the St. Philip's Fast coming up that the people of our state understand the Truth and have a change of heart in repentance. (See bulletin insert on the St. Philip's Fast.)

Special collection on Dec. 4—Retired Religious: Every year, Catholic parishes across the country take up a special collection for the retired monks, nuns, and priest monks who have devoted their lives to prayer and ministry—educating the young, tending the sick, aiding the needy, and more. Yet despite having given much, many of them do not have enough retirement savings to pay the bills and put food on the table. This annual collection helps. If you wish to donate, special envelopes were included in your mailings or you can fill out a blank envelope with label: Retired Religious. If writing a check, please make it out to St. Anne B.C. Church and write "RFR" in the memo line. This collection will take place on Sunday, December 4, though you may donate to this no later than the next Sunday, December 11.

Bakesale orders due Nov. 27: This year, we are happy to have the bakesale again!! Sweet rolls will be \$7 per roll and the smoked sausage will be \$10 per pound (limit 2 lbs. per household). Order form is due with payment no later than Sunday, November 27 (see insert). Cash or check only. For a check, write it to St. Anne Church and write "Bakesale" in the memo. Orders may be picked up on Sunday, December 11 or Sunday, December 18. Shipping your order is not an available option. For questions, please contact Genevieve Aguirre at genevieve.a1997@gmail.com

Would you like to help with the bake sale? If you'd like to help with either the sausage making or the baking of sweet rolls, please contact Genevieve Aguirre as listed above. Baking is planned for Nov. 28 (and Dec. 5 if needed). Sausage making is planned for Nov. 30 to Dec. 3.

Safe Environment Info

The Eparchy, within all its parishes, institutions and programs, is committed to assuring a safe environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People. For additional information regarding the eparchial Safe Environment Program or to report any incidents or concerns, please contact:

Sbdcn Paul Kilroy, Safe Environment Program Coordinator

Cell: (480) 745-0316 -- Office: (602) 861-9778 ext. 203 -- Email: sbdcnkilroy@ephx.org

Dcn. Michael Hanafin, Victim Assistance Coordinator

Cell: (480) 307-5182 -- Email: vac@ephx.org

PHILIP'S FAST

November 15 to December 24

The Phillip's Fast begins November 15th. This Fast has been in existence since at least the 15th century and is called the Nativity Fast or the Phillip's Fast since it begins the day after the feast of St. Phillip. (The "Fast of Saints Gurias, Samonas and Habib" (Nov 15th) doesn't roll off the tongue as easily.) This 40-day fast in preparation for Christmas, like the others (The Great Fast etc.), involves prayer (our communication with God takes on a tone of anticipation), fasting (denying ourselves certain earthly goods so that we are yearning for Christ's coming with our body as much as we are with our mind and spirit) and almsgiving (involving the wider community, especially the needy, in our preparations). We "empty ourselves of ourselves" through these penitential actions so that we may be "filled up" with Christ when He comes as an infant. Here are a couple resources you might find helpful. One comes from the Typicon of our Byzantine Ruthenian Catholic Church as well as the regulations observed by our Byzantine nuns at Christ the Bridegroom Monastery in Burton, Ohio.

From the Typicon of the Metropolia of Pittsburgh—with extra clarifications:

According to the forty-day tradition, the Phillip's Fast in preparation for Christmas begins on (Tuesday). During this fast, it was the custom to observe a strict abstinence on Monday, Wednesday and Friday (no meat, dairy, wine, or oil) and a lesser abstinence (mitigation for wine and oil but still abstaining from meat and dairy) on Tuesday and Thursday. The fast is observed more strictly from December 10, with daily strict abstinence, and a mitigated abstinence (wine and oil) on Saturday and Sunday. The Ruthenian Metropolia has identified this period as a penitential season. The fast may be observed voluntarily, partially, or in its entirety.

From Christ the Bridegroom Monastery:

Abstinence from meat and dairy for the entirety of the Fast. Abstinence from wine and oil from December 10th to the 24th except on Saturday and Sunday. Abstinence from fish with backbones (not considered part of the "meat" mentioned earlier) on Wednesdays, Fridays and from December 10th to the 24th. Mother Theodora allows dairy on St. Nicholas Day and a full mitigation of the fast on Thanksgiving and the Saturday following Thanksgiving (usual fasting on the Friday following Thanksgiving).

I encourage you to prayerfully decide on a fasting regimen based on one of these guidelines and stick with it throughout the fast. Let me know if you have questions. Remember that if you have an eating disorder, allergies, or any type of physical, mental, or spiritual reason to observe an atypical fast, talk to a mentor and edit your practice with a sincere and penitent heart.

You might enjoy reading this helpful reflection on the season put out by a different Byzantine Particular Church, the Melkites who have a shorter fasting season from ours:

<https://melkite.org/wp-content/uploads/2015/10/Christmas-Fast-in-the-Home.pdf> A book which has ideas for family participation in the Phillip's Fast including a Byzantine Jesse Tree:
<https://www.byzimom.com/product-page/the-jesse-tree-a-family-guide-through-the-season-of-advent-and-philipovka>

Daily Liturgical Prayer Cycle of Services

Part 2

Christianity inherited from the Jews the practice of praying several times during the day, and under monastic influence these prayers developed into the various Hours of the day (**First, Third, Sixth, and Ninth Hours**). These times of prayer take their names from the Roman practice of dividing both the day and night into twelve equal periods or "hours"; that is why, for example, the "third hour [of the day]" is around 9 o'clock in the morning. These prayer services are short, and can be memorized and prayed at home or at work.

Finally, a short service called **Typika** may be celebrated on days when there is no Divine Liturgy. It uses the hymns and readings appointed for the day's Divine Liturgy, and at one time included a service of Holy Communion.

The following table lists the services that are celebrated daily in monasteries and churches of the Byzantine liturgical tradition around the world:

<u>Service</u>	<u>Time of celebration</u> (approximate)	<u>Themes</u>
Vespers	Sunset	Thanksgiving for creation; Christ the light of the world
Compline	Late evening	Protection during the night
Midnight Office	During the night	Meditation on the unexpected coming of Christ
Matins	Sunrise	Supplication and praise of Almighty God
First Hour	7 AM (or immediately after Matins)	Prayer at the beginning of the day's work
Third Hour	9 AM	Descent of the Holy Spirit at Pentecost
Sixth Hour	12 noon	Crucifixion of Christ
Ninth Hour	3 PM	Death of Christ
Typika	varies	Psalms and prayers of the day

Together, these services are called **the Divine Praises**. They serve to sanctify the day, keep the believer's mind attentive to God's presence, and provide us with regular moments of prayer. The texts for the services are found in the liturgical book called the **Horologion**, or "book of hours."

Info retrieved from Metropolitan Cantor Institute: <https://mci.archpitt.org/liturgy/DailyCycle.html>

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San Luis Obispo CA 93405
(805) 543-8883 www.stanneslo.org

CHRISTMAS BAKE SALE ORDER FORM 2022

NAME _____

PHONE _____

EMAIL _____



Parishioners and Friends of St. Anne's:
Order form is due with payment no later than
Sunday, November 27th.

Cash or Checks only.
For a check, write it to
St. Anne Church
and write "**Bake Sale**" in the memo.

Orders may be picked up on Sunday,
December 11 or Sunday, December 18th.
Shipping your order is not an available
option.

For questions, please contact
Genevieve Aquirre at
genevieve.a1997@gmail.com

Smoked Sausage 1 lb _____ @\$10each _____
(Max. Limit 2 lbs per person/household)

Apricot Roll _____ @\$7 each _____

Walnut Roll _____ @\$7 each _____

Poppyseed Roll _____ @\$7 each _____

Total _____



*Christ
is Born!*

*Glorify
Him!*

