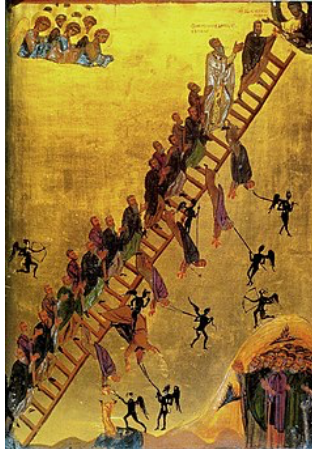


***FOURTH SUNDAY OF THE GREAT FAST  
ST. JOHN OF THE LADDER  
March 14, 2021***



**St. Anne Byzantine Catholic Church**

222 E. Foothill Boulevard San Luis Obispo, CA 93405

Parish Office: (805) 543-8883 Fax: (805) 543-8832

Parish website: [www.stanneslo.org](http://www.stanneslo.org)

Pastor's e-mail: [stanneslo@gmail.com](mailto:stanneslo@gmail.com)

**Served by:**

**Father Michael Bezruchka, Pastor**

**Deacon John Bradley**

**Bishops: Most Reverend John S. Puzak C.Ss.R., D.D. and Most Reverend Thomas J. Olmsted, D.D., J.C.D.**

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix**

*Welcome! We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you are not registered, please fill out the form below and place in the collection basket or mail to the Parish Office. We invite you to join us for our Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and ask that you make yourself known to our Pastor who would be happy to answer your questions.*

*St. Anne's email list: Would you like to be added to our weekly St. Anne bulletin email list? Request it at [slosa.email@gmail.com](mailto:slosa.email@gmail.com)*

## Glory to Jesus Christ! Glory forever!

**This week's liturgical schedule:** (Check the MCI <https://mci.archpitt.org> for music and prayers.)

**Required to abstain from meat on all Wednesdays and Fridays of Lent.** The full Traditional fast is to abstain from meat, dairy, wine, and oil throughout the full 40 days. Days of mitigation in the Traditional fast are Sundays and feast days such as March 25 in which wine and oil are allowed. For more info, read the announcement in the February 14 bulletin available on our website.

<p><b>Sunday, March 14</b> (Use handout for pages)</p>	<p>Confessions: 8:45-9:30 AM <b>10 AM Divine Liturgy</b> <i>For Parishioners, Friends, and Benefactors</i></p>	<p><b>FOURTH SUNDAY OF THE GREAT FAST.</b> Hebrews 6:13-20; Mark 9:17-31. <u>Tone 8</u> <i>Daylight Savings Time begins today.</i></p>
<p><b>Mon. March 15</b></p>	<p><b>No Divine Liturgy today</b></p>	<p>Parish Office Closed</p>
<p><b>Tuesday March 16</b> see handout</p>	<p>Confessions: 8:15-8:45 AM <b>9 AM Lenten Matins</b></p>	<p><b>Holy Martyrs Sabinus and Pappas.</b> Genesis 15:1-15; Proverbs 15:7-19. Parish Office Open</p>
<p><b>Wednesday March 17</b> see handout</p>	<p><b>9:00 AM Office of Terce-Sext</b> Confessions: 5:30-6:00 PM <b>6:30 PM Presanctified Liturgy</b> +Julie Carlin by the Gutierrez family</p>	<p><b>Venerable Father Alexis, Man of God.</b> <i>Holy Father Patrick, Enlightener of Ireland.</i> Genesis 17:1-9; Proverbs 15:20 - 16:9. Parish Office Open</p>
<p><b>Thursday March 18</b> see handout</p>	<p>Confessions: 8:15-8:45 AM <b>9 AM Great Canon of Andrew of Crete Matins</b>  <b>7 PM Bible class</b> Bring your Bible</p>	<p><b>Great Canon of St. Andrew of Crete.</b> <i>Holy Father Cyril, Archbishop of Jerusalem.</i> Genesis 18:20-33; Proverbs 16:17-33. Parish Office Open  (Ask for the Zoom link if participating online)</p>
<p><b>Friday, March 19</b> see handout</p>	<p><b>9:00 AM Office of Terce-Sext</b> Confessions: 4:30-5:00 PM <b>5:30 PM Presanctified Liturgy</b> +Galina Sirotkina by Ames Elmendorf</p>	<p><b>Holy Martyrs Chrysanthus and Daria.</b> Genesis 22:1-18; Proverbs 17:17-18:5. Parish Office Open</p>
<p><b>Saturday March 20</b> see handout</p>	<p>Confessions: 9:10-9:30 AM <b>10 AM Akathist to the Mother of God</b></p>	<p><b>Akathistos Saturday.</b> <i>Venerable Fathers of the St. Sabbas Monastery, Killed by Saracens (796).</i> Hebrews 9:24-28; Mark 8:27-31. Parish Office Open</p>
<p><b>Sunday, March 21</b> (Use handout for pages)</p>	<p>Confessions: 8:45-9:30 AM <b>10 AM Divine Liturgy</b> <i>For Parishioners, Friends, and Benefactors</i></p>	<p><b>FIFTH SUNDAY OF THE GREAT FAST.</b> Hebrews 9:11-14; Mark 10:32-45. <u>Tone 1</u></p>

## UPCOMING CALENDAR DATES

### **Great Canon of St. Andrew of Crete Matins: March 18**

9:00am. Come and hear prayers and hymns that spur repentance in our hearts. Many prostrations.

### **Akathist Saturday: March 20**

10:00am. Come and hear a beautiful prayer service to the Mother of God. It takes about 50 minutes.

### **March 21 and March 28: Bakesale pickup days**

Be sure to pick up your baked goods on one of these two Sundays.

### **Annunciation of the Theotokos: March 25**

Vigil: March 24 @ 6:30pm Presanctified Liturgy. March 25 @ 6:30pm Vespersal Divine Liturgy

### **HOLY WEEK: March 28-April 3**

**Great & Holy Monday, March 29:** Bridegroom Matins at 6:30pm

**Great & Holy Tuesday, March 30:** Bridegroom Matins at 9am. Presanctified Liturgy at 6:30pm

**Great & Holy Wednesday, March 31:** Bridegroom Matins: 9am. Presanctified Liturgy: 6:30pm

**Great & Holy Thursday, April 1:** Vespersal Divine Liturgy of St. Basil the Great at 6:30pm

**Great & Good Friday, April 2:** Matins with reading of the 12 Gospels at noon.

Entombment Vespers at 5:30pm.

**Great & Holy Saturday, April 3:** Jerusalem Matins at 9am.

Vespersal Divine Liturgy of St. Basil the Great at 5:00pm

### **PASCHA (Easter): April 4**

9:00am: Paschal Matins with Divine Liturgy

**Next March for Conversion: April 18** 12:30 – 1:30pm

**Birthdays: March 15—Bill Carnazzo; March 20—Celi Carnazzo**

**God grant them many blessed years!**

## SUNDAY GIFTS TO THE LORD

**March 7, 2021: collection**

Total bank Deposit: \$3,728.00

**Total parish income: \$3,283**

**Tithes: \$2,875**

**Debt Reduction: \$125**

**Donations: \$187**

**Flowers/Palms: \$50**

**Candles: \$26**

**Holyday--Easter: \$20**

**\*Church in Cent./East Europe: \$15**

**\*Eparchial Appeal: \$430**

\*These are special collections initiated by the Eparchy and do not count as income to the parish.

Your donations are enabling us to continue paying our bills at St Anne's. Thank you! Please note that you have three ways to contribute: 1) Place your donation in the secure box before or after Divine Liturgy; 2) Mail it, or 3) Go to [www.stanneslo.org](http://www.stanneslo.org) and click on the Giving tab.

**May God bless your generosity to His Church!**

## OIL LAMP INTENTIONS

Eternal Lamp above Ambon in church: **+Sheryl Ibarra by Paul & Janice Sawko (5/29/21)**

Eternal Lamp to St. Anne in the narthex: **[Available]**

Icon of Jesus Christ: **Michael Withers by Brad Withers (3/20/21)**

Icon of the Theotokos: **Marie Withers by Brad Withers (3/20/21)** Icon of St. John the Baptist: **[Available]**

Icon of St. Anne: **Noreen Withers by Brad Withers (3/20/21)**

Icon of St. Nicholas: **JR Cavalli & family by Brad Withers (3/20/21)**

Icon of St. Mary Magdalene: **Eric Pcholinski by Brad Withers (3/20/21)**

The large "eternal" vigil oil lamps have a suggested offering of \$10 and will burn continuously from Sunday through Saturday. The other smaller oil lamps are each available for a suggested \$2 offering, which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one above. (These donations are not tax-deductible.) See narthex envelopes to sponsor a lamp. Make checks payable to **St. Anne Byz. Catholic Church**.

**Safe Environment Program Contact information:** The Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix is committed to maintaining a safe environment at all times, for all minors and vulnerable adults. For more information about our Eparchy-wide Safe Environment Program or to report any observations or concerns, please contact:

**Safe Environment Office:** Sdcn. Paul F. Kilroy, Asst. SEP Coordinator, [sbdcnkilroy@ephx.org](mailto:sbdcnkilroy@ephx.org), Office: (602) 861-9778, Cell: (702)-498-5972

**Victim Assistance Coordinator:** Dr. Caroline Bonham: [victimassistanceofphoenix@gmail.com](mailto:victimassistanceofphoenix@gmail.com), Phone: (505) 314-3943

**Final Bible class on March 18:** Our Thursday evening Bible classes conclude this Thursday from 7:00 - 8:15 PM. We may pick up again sometime in the Paschal season.

**Paska bread pickup—March 21 and 28:** Those who placed orders for paska bread can pick them up on Sunday, March 21 and the following Sunday, March 28. Thank you so much to our great Baking Angels for all their work in baking these delicious breads for us to put into our Easter baskets. Speaking of Easter baskets, today's bulletin insert describes traditional Easter basket contents, including Paska (also spelled Pascha) bread, the foundational component of any Slavic Easter basket (of which we Ruthenian Byzantines are members). The insert is a compilation of <http://stjohncrysostom.org/wp-content/uploads/2016/03/Traditional-Easter-Basket.pdf> and <http://carpatho-rusyn.org/easter.htm>

**Palm Sunday bundles March 27:** Palm (Flowery) Sunday is on March 28 this year. One of our traditions is to tie bundles of palms with olive branches here at St. Anne's. If you are able to help us out after the 10am Divine Liturgy on Lazarus Saturday, that would be great. Thank you.

### **Have you ever wanted to join the spiritual Big Leagues?**

"I believe! Help my unbelief!" Our gracious Lord comes to us, and His divine grace always heals what is infirm and supplies what is lacking. Nevertheless, He uses people to be His hands and feet. Our prayer and fasting can save the world! Are you open to dedicating your life as a consecrated monastic or religious? Contact the Vocations Office at 206-329-9219 or email: [vocations@ephx.org](mailto:vocations@ephx.org)

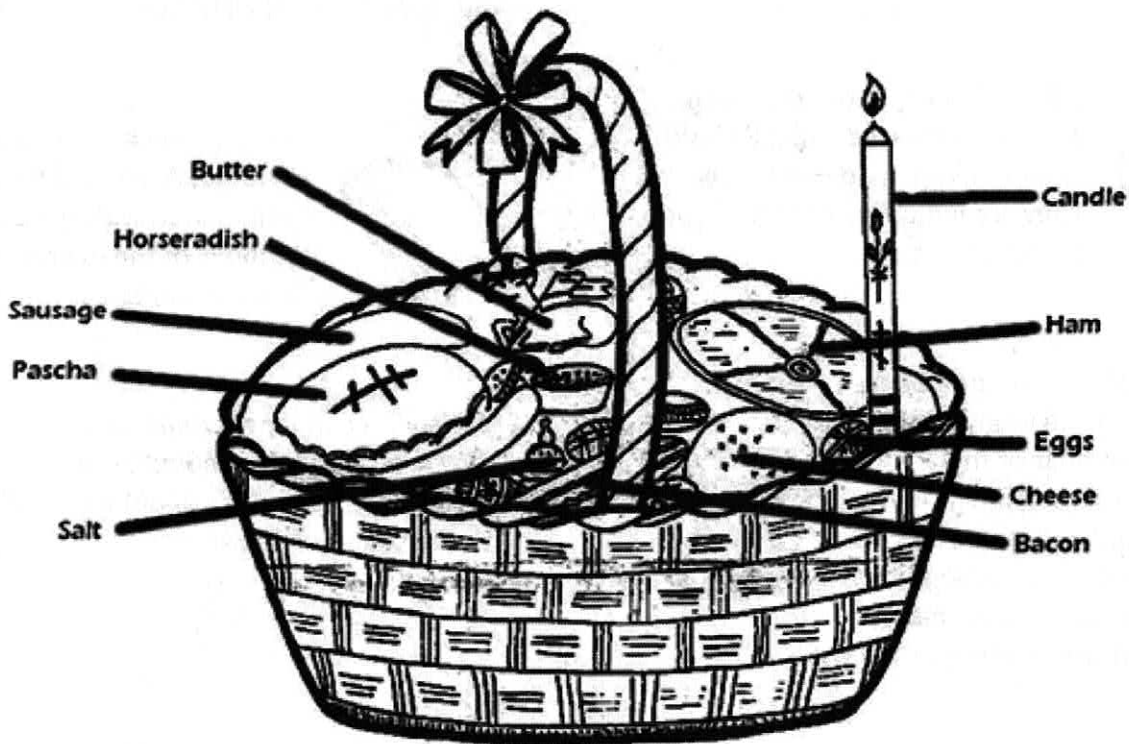
### **Eparchial Appeal 2021**

Soon, you will receive a mailing from the Eparchy of Phoenix asking you to participate in the 2021 Eparchial Appeal. The current goal for the Eparchy is \$300,000, of which St Anne's parish was assigned a goal of \$12,355.21.

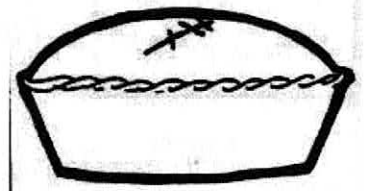
There are 33 households that are receiving mailings this year including the pastor. Every one of us can make a sacrificial donation according to our means. **If each household donates an average of \$375, then we will reach our goal.** Some can give more and others can give less, but we can all participate. You will notice that there are monthly Eparchial Appeal envelopes in your box of envelopes to help you make payments over a period of time rather than all at once in case that works better for you. If donating through the parish, please make your check out to St. Anne Church and write "Eparchial Appeal" in the memo line. This is the most important special collection of the year for us. Thank you for donating.

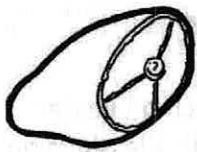
## How to Put Together a Traditional Easter Basket

Among the Slavs, especially the Ruthenians, the custom of bringing an Easter Basket to church on Easter Sunday is an age old tradition. It stems from the desire of the Christian community to ask God's blessings on the foods that will break the Great Fast (Lent) and from which they have abstained during this forty day period. The religious significance attached to the foods eaten are symbolic of Christ Himself, our true Passover. The prohibition of particular foods during the Lenten season, namely, meat and dairy products naturally become the main staple during the festive time of the Resurrection celebration. We have here listed the articles of food traditionally placed in a wicker basket and brought to the Church for Easter Matins, after which a solemn blessing takes place. Then the faithful take their foods home to be enjoyed by the whole family. It should be noted that if you have abstained from these foods during the Lenten season and particularly Holy Week, they will naturally taste better on Resurrection Sunday.



**PASCHA** (paska) is the Easter Bread. It is a sweet, yeast bread rich in eggs, butter, etc. Symbolic of Christ Himself Who is our True Bread. Usually a round loaf baked with a golden crust decorated with a symbol indicative of Christ. Sometimes a cross of dough is placed on top encircled by a plait giving it a crowned effect, or Greek abbreviations for the name of Christ. The letters XB indicate the Slavonic for "Christ is Risen."

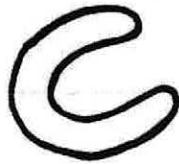




**HAM** (šunka - pronounced *shoon-ka*) The flesh meat popular with Slavs as the main dish because of its richness and symbolic of the great joy and abundance of the

Resurrection. Some may prefer lamb or veal. This is usually well roasted or cooked as well as other meats (prepared in advance) so that the festivity of the day will not be burdened with preparation and all may enjoy the Feast.

**SAUSAGE** (kolbasi) A spicy, garlic flavored sausage of pork products, indicative of God's favor and generosity.



**EGGS** (pisanki) Hard boiled eggs brightly decorated with symbols and markings made with beeswax. They are indicative of new life and the Resurrection.

**HORSERADISH** (chrin - pronounced - *khrin*)

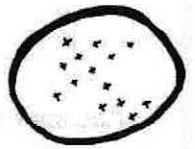
Horseradish mixed with grated red beets. Symbolic of the Passion of Christ still in our minds but sweetened with some sugar because of the Resurrection. A bitter-sweet red colored mixture reminds us of the sufferings of Christ.



These articles are placed in a wicker basket and a ribbon or bow is tied to the handle. A decorated candle is placed in the basket and is lit at the time of blessing. A linen cover usually embroidered with a picture of the Risen Christ or symbol with the words "Christ is Risen" (Christ is Risen! =- *Christos Voskrese!* or *Хрістось воскресє!* Indeed, He is Risen! = *Voistinu Voskrese!* or *Воистину воскресє!*) is placed over the foods when brought to the church. In some places a large Easter Bread (Paska) is made and brought separately in a large linen cloth. If the origin of the people was from a wine growing region, a sweet wine may be brought.

**CHEESE** (hrudka or sirets, pronounced - *hroód-ka* or *sí-rets*)

A custard-type cheese shaped into a ball having a rather bland but sweet taste indicative of the moderation that Christians should have in all things. The cheese may be decorated with a cross made of cloves or pepper balls.

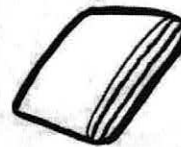


**BUTTER** (maslo - pronounced *má-slo*)

This favorite dairy product is shaped into the figure of a lamb or small cross and decorated as the cheese. It reminds us of the goodness of Christ that we should have toward all things.



**BACON** (slanina - pronounced - *sla-ní-na*) A piece of uncooked bacon cured with spices. It is symbolic of the overabundance of God's mercy to us.



**SALT** (sol') A condiment necessary to flavor our food, reminding us as Christians to "flavor" life about us with the values of Christ.

