

SUNDAY OF CHEESEFARE & FORGIVENESS SUNDAY
February 14, 2021



Expulsion of Adam and Eve from Paradise

St. Anne Byzantine Catholic Church

222 E. Foothill Boulevard San Luis Obispo, CA 93405

Parish Office: (805) 543-8883 Fax: (805) 543-8832

Parish website: www.stanneslo.org

Pastor's e-mail: stanneslo@gmail.com

Served by:

Father Michael Bezruchka, Pastor

Deacon John Bradley

Bishops: Most Reverend John S. Pazzak C.Ss.R., D.D. and Most Reverend Thomas J. Olmsted, D.D., J.C.D.

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix

Welcome! We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you are not registered, please fill out the form below and place in the collection basket or mail to the Parish Office. We invite you to join us for our Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and ask that you make yourself known to our Pastor who would be happy to answer your questions.

St. Anne's email list: Would you like to be added to our weekly St. Anne bulletin email list? Request it at slosa.email@gmail.com

Glory to Jesus Christ! Glory forever!

This week's liturgical schedule: (Check the MCI <https://mci.archpitt.org> for music and prayers.)

Sunday, February 14 (Use handout for pages)	Confessions: 8:45-9:30 AM 10 AM Divine Liturgy <i>For Parishioners, Friends, and Benefactors</i>	SUNDAY OF CHEESEFARE & FORGIVENESS SUNDAY Romans 13:11 - 14:4; Matthew 6:14-21. <u>Tone 4</u>
Monday February 15 see handout	Confessions: 5:30-6:00 PM 6:30 PM Presanctified Liturgy +Sylvia Soto by Linda Trujillo	First Day of the Great Fast. Genesis 1:1-13; Proverbs 1:1-20. <i>Required to abstain from meat, dairy and eggs.</i> Parish Office Open
Tuesday February 16 see handout	Confessions: 8:15-8:45 AM 9 AM Lenten Matins	Holy Martyrs, the Presbyter Pamphilius, Porphyrius and their Companions. Genesis 1:14-23; Proverbs 1:20-33. Parish Office Open
Wednesday February 17 see handout	9:00 AM Office of Terce-Sext Confessions: 5:30-6:00 PM 6:30 PM Presanctified Liturgy +Patricia Shandley by Peggy Bradley	Holy Great Martyr Theodore the Recruit. Genesis 1:24 - 2:3; Proverbs 2:1-21. <i>Required to abstain from meat on all Wednesdays and Fridays of Lent</i> Parish Office Open
Thursday February 18	No liturgical services today.	Holy Father Leo, Pope of Rome. Genesis 2:4-19; Proverbs 3:1-18. Parish Office Closed
Friday, February 19 see handout	9:00 AM Office of Terce-Sext Confessions: 4:30-5:00 PM 5:30 PM Presanctified Liturgy +Augusta Waitekunas by Jonas Sturas	Holy Apostle Archippus. Genesis 2:20 - 3:20; Proverbs 3:19-34. <i>Required to abstain from meat on all Wednesdays and Fridays of Lent</i> Parish Office Open
Saturday February 20 see handout	Confessions: 9:00-9:30 AM 10 AM Divine Liturgy Janice Sawko by Paul Sawko	Saturday in the First Week of the Great Fast: Commemoration of the Miracle of St. Theodore. Venerable Father Leo, Bishop of Catania. Hebrews 1:1-12; Mark 2:23 - 3:5. Parish Office Open
Sunday, February 21 (Use handout for pages)	Confessions: 8:45-9:30 AM 10 AM Divine Liturgy <i>For Parishioners, Friends, and Benefactors</i>	FIRST SUNDAY OF THE GREAT FAST. SUNDAY OF TRIUMPH OF THE TRUE FAITH. Hebrews 11:24-26,32 - 12:2; John 1:43-51. <u>Tone 5</u>

UPCOMING CALENDAR DATES

Forgiveness Sunday: February 14

Exchange forgiveness with each other at the end of Divine Liturgy today.

First day of the Great Fast (Lent): February 15

Presanctified Liturgy at 6:30pm

Required: Abstain from eating meat and dairy

Presanctified Liturgies

Wednesdays @ 6:30pm and Fridays @ 5:30pm.

Important Lenten liturgical service which includes Eucharist presanctified from Previous Sunday.

It is highly recommended to attend at least one each week. (See bulletin announcement to the right)

PASCHA (Easter): April 4

9:30am: Paschal Matins with Divine Liturgy

Next March for Conversion: April 18

12:30 – 1:30pm

Birthday: February 13—Josephine Miramontes

God grant them many blessed years!

SUNDAY GIFTS TO THE LORD

February 7, 2021: collection

Total bank Deposit: \$1,976

Total parish income: \$1,941

Tithes: \$1,310

Debt Reduction: \$360

Donations: \$248

Candles: \$23

***Sp. Coll.: Eastern Europe: \$35**

*These are special collections initiated by the Eparchy and do not count as income to the parish.

Your donations are enabling us to continue paying our bills at St Anne's. Thank you! Please note that you have three ways to contribute: 1) Place your donation in the secure box before or after Divine Liturgy; 2) Mail it, or 3) Go to www.stanneslo.org and click on the Giving tab.

May God bless your generosity to His Church!

OIL LAMP INTENTIONS

Eternal Lamp above Ambon in church: +Sheryl Ibarra by Paul & Janice Sawko (5/29/21)

Eternal Lamp to St. Anne in the narthex: [Available]

Icon of Jesus Christ: [Available]

Icon of the Theotokos: [Available]

Icon of St. John the Baptist: [Available]

Icon of St. Anne: [Available]

Icon of St. Nicholas: [Available]

Icon of St. Mary Magdalene: [Available]

The large "eternal" vigil oil lamps have a suggested offering of \$10 and will burn continuously from Sunday through Saturday. The other smaller oil lamps are each available for a suggested \$2 offering, which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one above. (These donations are not tax-deductible.) See narthex envelopes to sponsor a lamp. Make checks payable to **St. Anne Byz. Catholic Church**.

Safe Environment Program Contact information: The Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix is committed to maintaining a safe environment at all times, for all minors and vulnerable adults. For more information about our Eparchy-wide Safe Environment Program or to report any observations or concerns, please contact:

Safe Environment Office: Sdcn. Paul F. Kilroy, Asst. SEP Coordinator,

sbdcnkilroy@ephx.org, Office: (602) 861-9778, Cell: (702)-498-5972

Victim Assistance Coordinator: Dr. Caroline Bonham

victimassistanceofphoenix@gmail.com, Phone: (505) 314-3943

GREAT FAST (Lent) begins TOMORROW: Tomorrow is the beginning of the Great Fast (Lent). The minimum required is to abstain from meat on all Wednesdays and Fridays of the Great fast and to abstain from meat and dairy on Pure Monday (February 15 this year) and on Good Friday (April 2 this year). The Traditional fast is to abstain from meat, dairy, wine, and oil throughout the full 40 days. Days of mitigation in the Traditional fast are Sundays and feast days such as March 25 in which wine and oil are allowed. We are encouraged to do more than the minimum yet also what our health will allow. It should feel uncomfortable but not kill us off. Building this discipline with food helps us say no to sin and recognize our hunger for God. Also, during the Great Fast we should be increasing our prayer life and almsgiving.

Why do Byzantine Catholics begin Lent two days earlier than Roman Catholics? The answer is that the period of paschal preparation is structured very differently in the two traditions. Byzantine Catholics have two major fasting periods in preparation for Pascha (Easter). The first 40-day period, called the Great Fast, begins seven Mondays before Pascha Sunday and ends the Friday before Lazarus Saturday (the day before Palm Sunday). This period includes Sundays, which explains why there is only a mitigation for wine and oil on Sundays and special feast days in the traditional fast. Byzantine Catholics then celebrate a second intense fasting period, from Holy Monday to the Divine Liturgy of Pascha Sunday. Traditionally, during the weekend between the two fasting periods, namely Lazarus Saturday and Palm Sunday, meat and dairy are allowed. By contrast, the Latin (Roman) Catholic Church has a single 40-day fasting period from Ash Wednesday to Holy Saturday, the day before Easter. There are actually 46 days in this period, but Sundays are counted as “an island in the fast” and therefore not included in the 40 days.

Meatless coffee socials during Great Fast: It is customary for parishes to observe the Great Fast in some fashion during the Sunday coffee socials. In that spirit, I request that you refrain from bringing meat to the coffee socials throughout this penitential season.

Catechesis for adults to begin on March 4 at St Anne’s: Our Thursday evening adult classes will be at 7:00 -8:15 PM starting on March 4, during the third week of the Great Fast. Please note that the date has changed one week later due to some scheduling challenges that have come up. We will study basics of the Byzantine approach (Byzantine Basics), the Divine Liturgy as a mystical experience of God, as well as the Gospel of John, the most mystical of the Gospels in pointing to Christ’s divinity. Besides a Bible, we will use the *Light for Life* three-volume series, which is available for purchase in our gift shop or online. I suggest you purchase an RSV or RSVCE2 Bible (Revised Standard Version, 2nd Catholic Edition) You will be able to participate in person or online through the Zoom platform.

Where is your treasure? (Matthew 6:14-21)

“Where your treasure is, your heart will be also.” It is easy to mistake what our true treasure is, and we need wisdom and insight to see clearly. Our kontakion tells us that God is the “guide to wisdom and giver of insight”. Is He guiding you to see that a vocation to the religious or ordained life is for you? As you pray and seek wisdom, consider contacting the Vocations Office at 206-329-9219 or email:

vocations@ephx.org