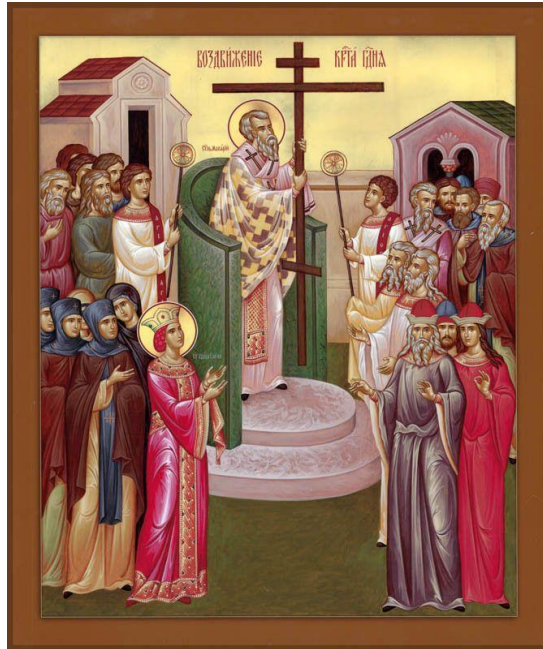


**SUNDAY BEFORE THE EXALTATION  
OF THE HOLY CROSS**

**SEPTEMBER 9, 2018**



**St. Anne Byzantine Catholic Church**

222 E. Foothill Boulevard

San Luis Obispo, CA 93405

Parish Office:(805) 543-8883

Fax: (805) 543-8832

[www.stanneslo.org](http://www.stanneslo.org)

Pastor's e-mail: [stanneslo@gmail.com](mailto:stanneslo@gmail.com)

Most Reverend Bishop John S. Pazzak C.Ss.R DD

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix Served by

Rev. Pastor Michael Bezruchka

*Welcome! We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you are not registered, please fill out the form below and place in the collection basket or mail to the Parish Office. We invite you to join us for Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and ask that you make yourself known to our Pastor who would be happy to answer your questions.*

*St. Anne's email list: Would you like to be added to our weekly St. Anne bulletin email list? Request it at [slosa.email@gmail.com](mailto:slosa.email@gmail.com)*

## Glory to Jesus Christ! Glory forever!

### This Week's Liturgy Schedule

<b>Sunday</b> <b>September 9</b> <i>p. handout</i>	<b>10:00 AM Divine Liturgy</b> <b>For the Parishioners,</b> <b>Friends, and Benefactors of</b> <b>St. Anne's</b>	<b>SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS</b> Confessions: 9:00-9:45am <i>Galatians 6: 11-18; John 3: 13-17</i>
<b>Monday</b> <b>September 10</b>	<b>No Divine Liturgy</b> <i>Parish office closed</i>	<b>Post-festive day of Birth of Theotokos. Holy Martyrs Menodora, Mitrodora and Nymphodora.</b> <i>Ephesians 1: 22 - 2:3; Mark 10: 46-52</i>
<b>Tuesday</b> <b>September 11</b> p. 243 & 397	<b>9:00 AM Divine Liturgy</b> +Poor Souls, especially those who died 9/11/2001	<b>Post-festive day of Birth of Theotokos. Venerable Mother Thodora of Alexandria. St. Autanolous</b> <i>Ephesians 2: 19 - 3:7; Mark 11: 11-23</i>
<b>Wednesday</b> <b>September 12</b> p. 243	<b>9:00 AM Divine Liturgy</b> +Cora Ynostrosa by Tim Stoner	<b>Leave-taking (Otdanije) of the Feast of the Birth of the Theotokos</b> <i>Ephesians 3: 8-21; Mark 11: 23-26</i>
<b>Thursday</b> <b>September 13</b> p. 253 and handout	<b>6:30 PM Vigil Vespers</b> <b>Divine Liturgy</b> For the Parishioners, Friends, and Benefactors of St. Anne's	<b>SOLEMN FEAST OF EXALTATION OF THE HOLY CROSS (Vigil)</b> Confessions: 5:45-6:15pm <i>1 Cor. 1: 18-24; John 19: 6-11, 13-20, 25-28, 30-35</i> <i>Old Testament readings: Exodus 15: 22-16:1; Proverbs 3: 11-18; Isaiah 60: 11-16</i>
<b>Friday</b> <b>September 14</b> p. 253 and handout	<b>9:00 AM Divine Liturgy</b> Joaquin Gutierrez by the Gutierrez Family	<b>SOLEMN FEAST OF EXALTATION OF THE HOLY CROSS</b> Confessions: 8:15-8:45am <i>1 Cor. 1: 18-24; John 19: 6-11, 13-20, 25-28, 30-35</i>
<b>Saturday</b> <b>September 15</b> p. 253 & 379	<b>9:00 AM Divine Liturgy</b> +Galina Sirotkina by Ames Elmendorf	<b>Saturday after Exaltation of the Holy Cross. Great Martyr Nicetas</b> Confessions: 8:15-8:45am <i>1 Corinthians 1: 26-29; John 8: 21-30</i>
<b>Sunday</b> <b>September 16</b> <i>p. handout</i>	<b>10:00 AM Divine Liturgy</b> <b>For the Parishioners,</b> <b>Friends, and Benefactors of</b> <b>St. Anne's</b>	<b>SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS</b> Confessions: 9:00-9:45am <i>Galatians 2: 16-20; Mark 8:34 - 38</i>

**Liturgical Recipe book** – Would you like to order a Common Typikon and a 2019 Annual Typikon? These help you know how the liturgical services are celebrated and give information on the saints of the day. If interested, fill out an order form available in the narthex or gift shop and return no later than Sept. 16.

**Bible Conference in San Diego** – The Fourth Gospel announces the coming of Christ as the fulfillment of the Law and the Prophets for the children of God who believe in Him. Come learn about the Eastern Catholic approach to this text and the implications for the Church's faith, worship and spirituality as we walk through each section of the Gospel of St John the Theologian! The Conference takes place **November 9-10, 2018** at Holy Angels Byzantine Catholic Church in San Diego. Registration is \$30 per person. Speakers Fr. Hezekias Carnazzo, Fr. Sebastian Carnazzo, and Deacon Daniel Dozier. More info and registration information at: <http://wordoflifeinstitute.com/category/eastern-catholic-bible-conferences/>

## UPCOMING CALENDAR DATES

### **Solemn Feast of the Exaltation of the Holy Cross-- September 14**

September 13: Vigil Vesper Divine Liturgy at 6:30pm. September 14: Divine Liturgy at 9:00am.

### **September Family Game Night**

Saturday, September 22. Great Vespers at 4pm. Pizza and board games at 5pm. Open to all parishioners and guests.

### **First Day of ECF**

Sunday, September 23. Please talk to Ed Stewart for more details on enrolling your children in classes

## SUNDAY GIFTS TO THE LORD

**September 2, 2018**

Attendance: 87

Tithes: \$ 1780

Debt Reduction: \$305

Donations: \$421

Candles: \$15

PLEASE REMEMBER SAINT ANNE'S IN YOUR WILLS AND BEQUESTS

**May God bless your generosity to His Church!**

**Birthdays:** September 12--Jaden Biro

**Cleaning Angels:** September 2-15--Trockman family

**God grant them many blessed years!**

## OIL LAMP INTENTIONS

Eternal Lamp above Ambon for this week: (available) Eternal Lamp to St. Anne in narthex: (available)

Icon of Jesus Christ: (available) Icon of Theotokos: (available)

Icon of St. John the Baptist: (available)

Icon of St. Mary Magdalene: **The Christopher Koll family, by the Risch family**

Icon of St. Anne: **+Carla Anne Kndimuk by Philip & Rachel Slagel (7/6/19)**

Icon of St. Nicholas: (available)

*You are invited to sponsor the weekly candles/lamps in our church for your intention(s). If you are interested in sponsoring one or two of the "eternal" vigil oil lamps, the usual suggested offering is \$10.00 and it will burn continuously from Sunday through Saturday. The other smaller oil lamps (Christ, Theotokos, St. John Baptist, St. Mary Magdalene, St. Anne, and St. Nicholas) are each available for a suggested \$2.00 offering per week which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one. You may request and sponsor as many weeks/Sundays as you like. See envelopes in narthex.*

**PRAYER REQUESTS** Jay Dicky, Sol Rudnick, Lillian Morgan, (Names may be submitted via email or physical note.)

**CONFESSIONS** Saturdays: 8:15-8:45am, Sundays: 9:00-9:45am, and when Fridays have a 6pm evening Liturgy: 5:15-5:45pm. Also before holy days as listed in the bulletin and by appointment.

**ANOINTING OF THE SICK** after the Holy Services in church before hospitalization. For emergencies, please call the Parish Office immediately.

**BAPTISM/CHRISMATION/EUCHARIST** must be arranged at least three months in advance.

**CROWNING IN MARRIAGE** must be arranged at least six months in advance.

**EASTERN CHRISTIAN FORMATION** See bulletin and contact Ed Stewart: macejstewart@gmail.com

**LITURGY INTENTIONS** Use envelopes available on the greeting table in the church narthex (vestibule), call the parish office, or ask the pastor.

**Planning ahead for ECF for children & adults** – We need to get a tally of which children, teenagers, and adults are planning on attending "Sunday School" ECF classes at St. Anne's during the 2018-2019 year. Ed Stewart will be the ECF Coordinator this year. The first class is projected to begin on September 23 and the last class will probably take place on June 2. Parents, please send an email to Ed or return the physical form with the names of your children and teenagers who will be participating. Parents and adults who are interested in possibly teaching a class this year, please let Ed know of your interest. Ed Stewart can be reached at macejstewart@gmail.com or in the gift shop on Sundays. All info is due Sept. 16! Thank you.

**An Instruction in Marriage from *Humanae Vitae*:** [Using Natural Family Planning--NFP] demands, first of all, that spouses fully recognize and value the true blessings of family life and that they acquire complete mastery over themselves and their emotions. For if with the aid of reason and of free will they are to control their natural drives, there can be no doubt at all of the need for self-denial. Only then will the expression of love, essential to married life, conform to right order. This is especially clear in the practice of periodic continence. Self-discipline of this kind is a shining witness to the chastity of husband and wife and, far from being a hindrance to their love of one another, transforms it by giving it a more truly human character. And if this self-discipline does demand that they persevere in their purpose and efforts, it has at the same time the salutary effect of enabling husband and wife to develop to their personalities and to be enriched with spiritual blessings. For it brings to family life abundant fruits of tranquility and peace. It helps in solving difficulties of other kinds. It fosters in husband and wife thoughtfulness and loving consideration for one another. It helps them to repel inordinate self-love, which is the opposite of charity. It arouses in them a consciousness of their responsibilities. And finally, it confers upon parents a deeper and more effective influence in the education of their children. As their children grow up, they develop a right sense of values and achieve a serene and harmonious use of their mental and physical powers.

-- Paul VI. (1968). *Humanae Vitae*. Paragraph #21. Vatican City: Libreria Editrice Vaticana.

(2018 is the 50th Anniversary of its publication)