

FORGIVNESS SUNDAY AND SUNDAY OF CHEESEFARE
March 3, 2019



(Icon of the expulsion of Adam and Eve from Paradise—Genesis 3)

St. Anne Byzantine Catholic Church

222 E. Foothill Boulevard San Luis Obispo, CA 93405

Parish Office: (805) 543-8883 Fax: (805) 543-8832

www.stanneslo.org

Pastor: Father Michael Bezruchka

Pastor's e-mail: stanneslo@gmail.com

Bishops: Most Reverend John S. Pazzak and Most Reverend Thomas Olmsted
Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix

Welcome! We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you are not registered, please fill out the form below and place in the collection basket or mail to the Parish Office. We invite you to join us for our Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and ask that you make yourself known to our Pastor who would be happy to answer your questions.

St. Anne's email list: Would you like to be added to our weekly St. Anne bulletin email list? Request it at slosa.email@gmail.com

Glory to Jesus Christ! Glory forever! **This week's liturgical schedule**

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| <p>Sunday March 3 <i>(Use handout for pages)</i></p> | <p>10:00 AM Divine Liturgy <i>For the Parishioners, Friends, and Benefactors of St. Anne's</i></p> | <p>CHEESEFARE & FORGIVNESS SUNDAY Confessions: 9:00-9:45am <i>Romans 13:11-14:4; Matthew 6:14-21. <u>Tone 8.</u></i> Potluck Sunday</p> |
| <p>Monday March 4</p> | <p>6:30 PM PRESANCTIFIED LITURGY <i>Dr. & Mrs. Ernesto Lardizabal</i></p> | <p>First Day of the Great Fast <i>Genesis 1:1-13; Proverbs 1:1-20</i> REQUIRED: ABSTINENCE from MEAT & DAIRY <i>Parish office closed.</i></p> |
| <p>Tuesday March 5 <i>See booklet</i></p> | <p>9:00 AM Lenten Matins</p> | <p>The Holy Martyr Conon <i>Genesis 1:14-23; Proverbs 1:20-33</i></p> |
| <p>Wednesday March 6 <i>See booklets and guides</i></p> | <p>6:30 AM Matins 6:30 PM Presanctified Liturgy +Isabelle Allen by Kristen Thorensen</p> | <p>The Holy Forty-Two Martyrs of Ammorium <i>Genesis 1:24-2:3; Proverbs 2:1-21</i></p> |
| <p>Thursday March 7 <i>See booklet</i></p> | <p>9:00 AM Lenten Matins</p> | <p>The Holy Martyrs and Bishops of Cherson: Basil, Ephrem, Capiton, Eugene, Etherius and Others. The Passing of the Martyr the Priest-Exarch Leonid Feodorov (1935) <i>Genesis 2:4-19; Proverbs 3:1-18</i></p> |
| <p>Friday March 8 <i>See booklets and guides</i></p> | <p>9:00 AM Office Terce-Sext 5:30 PM Presanctified Liturgy +Svanlaug Thorarensen by Kristen Thorensen 7:00 PM Dinner 7:30 PM Class</p> | <p>Our Venerable Father and Confessor Theophylact Confessions: 4:45-5:15pm <i>Genesis 2:20-3:20; Proverbs 3:19-34</i> Class is a book discussion</p> |
| <p>Saturday March 9 <i>p. 381</i></p> | <p>9:00 AM Diving Liturgy <i>Sol Rudnick by the Bradley family</i></p> | <p>Saturday of the First Week of Lent, on Which We Commemorate the Miracle of St. Theodore. The Forty Holy Martyrs of Sebaste. Confessions: 8:15-8:45am <i>Heb. 1:1-12.12:1-10; Mark 2:23-3:5; Matt 20: 1-16</i></p> |
| <p>Sunday March 10 <i>(Use handout for pages)</i></p> | <p>10:00 AM Divine Liturgy <i>For the Parishioners, Friends, and Benefactors of St. Anne's</i></p> | <p>FIRS Y SUNDAY OF THE GREAT FAST Confessions: 9:00-9:45am <i>Hebrews 11:24-26.32-12:2; John 1:43-51. <u>Tone 1</u></i> <i>ECF classes continue. Bring an icon to church.</i></p> |

UPCOMING CALENDAR DATES

GREAT FAST (LENT) BEGINS MARCH 4

Presanctified Liturgy at 6:30pm. **Abstinence from meat and dairy REQUIRED on this day.**

SUNDAY GIFTS TO THE LORD

February 24, 2019

Attendance: 63

Tithes: \$ 925

Debt Reduction: \$80

Donations: \$261

Candles: \$50

Icon Fund: \$130

Bake Sale: \$50

PLEASE REMEMBER SAINT ANNE'S IN YOUR WILLS AND BEQUESTS

May God bless your generosity to His Church!

Cleaning Angels: March 3-16: Trockman family

God grant them many blessed years!

OIL LAMP INTENTIONS

Eternal Lamp above Ambon in church: **+John Anthony Dunn by Phillip & Rachel Slagel (12/7/19)**

Eternal Lamp to St. Anne in the narthex: **[Available]**

Icon of Jesus Christ: **[Available]**

Icon of the Theotokos: **+Adrienne Bettencourt by Suzie Trockman (3/9/19)**

Icon of St. John the Baptist: **[Available]**

Icon of St. Mary Magdalene: **[Available]**

Icon of St. Anne: **+Carla Anne Kndimuk by Phillip & Rachel Slagel (7/6/19)**

Icon of St. Nicholas: **[Available]**

The large "eternal" vigil oil lamps have a suggested offering of \$10.00 and will burn continuously from Sunday through Saturday. The other smaller oil lamps are each available for a suggested \$2.00 offering, which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one. See narthex envelopes.

PRAYER REQUESTS (Submit requests by email or physical note.) John Barlow, Daniel Baron, Jeff Baron, Rebecca Baron, Betty, Stephen Bezruchka, Myrna Bradley, Celi Carnazzo, Celi Carnazzo's mom, Dana Christianson, Debbie Christianson, Alexis Curley, Jay Dicky, Joyce Dicky, Sophie Emmons, Chris Evans, Government (national, state, local) Amalia Guzman, Robert Hanley, Raphael Jenkins, Jessica Lowes, Matthew Marx, Howard Nobert, John Procopchuk, Rebecca Procopchuk, Sol Rudnick, Michael Santos, Jim Snead, Silvia Soto, Sarah Standley, Carolyn Tatum, Maria Turley.

CONFESSIONS Saturdays: 8:15-8:45am, Sundays: 9:00-9:45am, and when Fridays have a 5:30pm evening Liturgy: 4:45 - 5:15pm. Also before holydays as listed in the bulletin and by appointment.

ANOINTING OF THE SICK After the Holy Services in church before hospitalization. For emergencies, please call the Parish Office immediately.

BAPTISM/CHRISMATION/EUCHARIST Must be arranged at least three months in advance.

CROWNING IN MARRIAGE Must be arranged at least six months in advance.

EASTERN CHRISTIAN FORMATION Contact Ed Stewart: macejstewart@gmail.com

Please help our sausage makers, March 13-15: Our sausage makers will be making smoked sausage in preparation for Pascha (Easter) starting at 8am each morning. First day--grind meat; second day--smoke it; third day--package it. Please help them out if you have time. Please contact Paul Sawko for more information: 805) 773-8905.

LITURGY INTENTIONS Please fill out one of the Liturgy Intention envelopes on the greeting table in the narthex with the name of your living or deceased person. Make checks payable to **St. Anne Stipends** and write "Liturgy Stipend" in your memo line. Although donations are not required, the suggested stipend is \$10, which is later paid to the priest offering the Liturgy.

Fasting rules for Great Lent: In previous bulletins, I outlined the minimal and traditional full fasting traditions for the Great Fast (Lent) which begins on March 4. **To summarize, the minimum required is to abstain from meat on all Wednesdays and Fridays of the Great Fast and to abstain from meat and dairy on Pure Monday (March 4 this year) and on Good Friday (April 19 this year).** The Traditional fast is to abstain from meat, dairy, wine, and oil throughout the full 40 days. Days of mitigation in the Traditional fast are Sundays and feast days such as March 25 in which wine and oil are allowed. We are encouraged to do more than the minimum yet also what our health will allow. It should feel uncomfortable but not kill us off. Building this discipline with food helps us say no to sin and recognize our hunger for God. Also, during the Great Fast we should be we increasing our prayer life and almsgiving.

Typical schedule during the Great Fast (Lent): To get an idea of a typical week for liturgical services during the Great Fast, look at the schedule on the second page minus the Monday service.

Meatless coffee socials during Great Fast: It is customary for parishes to observe the Great Fast in some fashion during the Sunday coffee socials. In that spirit, I request that you refrain from bringing meat to the coffee socials throughout this penitential season. The pastor has made St. Patrick's day on March 17 an exception for St. Patrick's Day. On that day we will have meat available at the coffee social.

JUNE 28-30 2019 ANNUAL MYRRH-BEARERS RETREAT: Myrrh-Bearers is a spiritual retreat for girls (ages 7-11) (Track One), teens (ages 12-17) (Track Two), and women 18+ (Track Three). It is sponsored by the Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix. The retreat began years ago under the leadership of Sr. Jean Marie Cihota, of the Sisters of St. Basil. We continue her legacy as we dedicate this and future retreats to her eternal memory. Please plan on joining Bishop John Pazak and the women of the Eparchy for this exciting event. The theme of this Myrrh-Bearers Retreat is: **"Finding Martha & Mary in Each of Us--Using Both to be a Courageous Witness for our Byzantine Catholic Faith."** This year's retreat will be held at the Madonna Retreat Center in Albuquerque, NM. We promise to make this retreat AFFORDABLE for everyone and it will be much less expensive than previous years. We will be publishing information soon on our Eparchial website, and attendees will have the option of registering online (preferred) or mailing in registration. Early registrants will receive a free Myrrh-Bearers T-Shirt. Very soon we will have a website link available for registration and more details about the retreat schedule and talks. Sr. Teresa Benedicta Block of the Sisters of Mary, Mother of the Eucharist, in Ann Arbor, MI, has graciously agreed to be our featured speaker. Sister has been a frequent guest on EWTN. Her parents, Steve and Stephanie Block were long-time parishioners of Our Lady of Perpetual Help Byzantine Catholic Church and were both converts to Catholicism. **Point of Contact for questions:** Pani Janet Escobedo: escobedo7174@msn.com (505) 720-8012