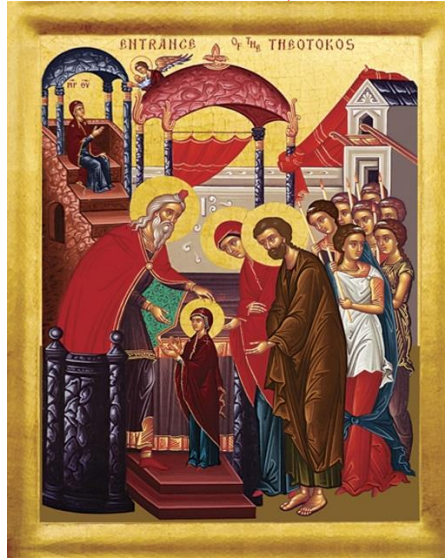


# **TWENTY-FIFTH SUNDAY AFTER PENTECOST**

**November 19, 2023**



Entrance of the Theotokos—Tuesday, November 21

## **St. Anne Byzantine Catholic Church**

222 E. Foothill Boulevard, San Luis Obispo, CA 93405

Parish Office: (805) 543-8883

Parish website: [www.stanneslo.org](http://www.stanneslo.org)

Pastor's e-mail: [stanneslo@gmail.com](mailto:stanneslo@gmail.com)

Served by: Father Michael Bezruchka, Pastor

Deacon John Bradley

Bishop: Most Reverend Kurt Burnette, Apostolic Administrator Sede Vacante

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix

Welcome! We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you would like to be an active member of our Byzantine Catholic community, please contact the parish office. Since we are one Catholic Church with many Traditions (each that includes a liturgical rite), becoming a parishioner does not require that you make a canonical transfer of Rite, for example, from the Roman Rite to our Byzantine Rite. Yet we invite you to join us in our traditions, fast days, and feast days so as to better understand and perhaps one day embrace our Eastern Catholic spirituality. Please join us for our Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and make yourself known to our Pastor who would be happy to answer your questions. Welcome to St. Anne's!

St. Anne bulletin email list: Would you like to have our bulletin emailed to you each week? Request it at [stanneslo@gmail.com](mailto:stanneslo@gmail.com)

**Glory to Jesus Christ! Glory forever!**

**This week's liturgical schedule:** (Check the MCI <https://mci.archpitt.org> for music and prayers.) Livestreaming of Sunday in the parking lot is available for those taking extra health precautions.

|   |  |   |
|---|--|---|
| <b><i>Saturday,<br/>November 18</i></b><br>Use handout                      | <b>5 PM Great Vespers</b>  | Ecclesiastes 2:1-11; Sirach 11:10-27.   |
| <b><i>Sunday,<br/>November 19</i></b><br>Use handout                        | Confessions: 8:30-9:20 AM<br><u>9:30 AM Matins</u><br><b>10 AM Divine Liturgy</b><br>Intention: For Parishioners<br><b>12 PM</b> | <b><i>TWENTY-FIFTH SUNDAY AFTER PENTECOST</i></b><br>Ephesians 4:1-6; Luke 12:16-21. <u>Tone 8</u><br><br><b>ECF classes</b>  |
| <b><i>Monday,<br/>November 20</i></b><br>MCI or p. 269                      | Parish Office Open<br><br><b>6:30 PM Great Vespers</b>   | <b><i>Entrance of the Theotokos</i></b><br><b><i>(Vigil, Solemn Feast Day)</i></b><br>Exodus 40:1-5, 9-10, 16, 34-35;<br>1[3] Kings 7:51 - 8:1, 3-7, 9-11; Ezekiel 43:27 - 44:4.                    |
| <b><i>Tuesday,<br/>November 21</i></b><br>MCI or p. 268                     | Confessions: 9:00-9:30AM<br><b>10 AM Divine Liturgy</b><br>Intention: For Parishioners   | <b><i>Entrance of the Theotokos</i></b><br><b><i>(Solemn Feast Day)</i></b><br>Hebrews 9:1-7; Luke 10:38-42, 11:27-28.  |
| <b><i>Wednesday,<br/>November 22</i></b><br>MCI or p. 368                   | <b>7 AM First Hour and<br/>Emmanuel Moleben</b>  | <b><i>Holy Apostle Philemon and His Companions</i></b><br>1 Timothy 1:18-20; 2:8-15; Luke 18:15-17, 26-30.<br>Parish Office Open  |
| <b><i>Thursday,<br/>November 23</i></b><br>MCI or p. 374                    | Confessions: 9-9:30 AM<br><b>10 AM Divine Liturgy</b><br>Mariel & Alizah Brooks<br><br><b>No RCIA today</b>                      | <b><i>THANKSGIVING DAY</i></b><br><b><i>Holy Fathers Amphilochius, Bishop of Iconium and<br/>Gregory, Bishop of Agrigento</i></b><br>1 Timothy 3:1-13; Luke 18:31-34.<br>Parish Office Closed       |
| <b><i>Friday,<br/>November 24</i></b><br>MCI or p. 391                      | No liturgical services today.<br>Parish Office Closed  | <b><i>Holy Great Martyr Catherine</i></b><br>1 Timothy 4:4-8, 16; Luke 19:12-28.  |
| <b><i>Saturday,<br/>November 25</i></b><br>MCI or p. 271<br><br>Use handout | Confessions: 9-9:30 AM<br><b>10 AM Divine Liturgy</b><br>+Hinrik Hinriksson<br>Thorarsen by KT<br><b>5 PM Great Vespers</b>      | <b><i>Holy Fathers &amp; Martyrs Clement, Pope of Rome,<br/>&amp; Peter, Bishop of Alexandria</i></b><br>Galatians 3:8-12; Luke 10:19-21.<br>Parish Office Open<br>Sirach 18:1-14; Isaiah 29:13-24. |
| <b><i>Sunday,<br/>November 26</i></b><br>Use handout                        | Confessions: 8:30-9:20 AM<br><u>9:30 AM Matins</u><br><b>10 AM Divine Liturgy</b><br>Intention: For Parishioners<br><b>12 PM</b> | <b><i>TWENTY-SIXTH SUNDAY AFTER PENTECOST</i></b><br>Ephesians 5:9-19; Luke 13:10-17. <u>Tone 1</u><br><br><b>ECF classes</b>   |

## UPCOMING CALENDAR DATES

### **No RCIA class on Thanksgiving Day.**

RCIA classes will resume on Thursday, November 30, at 6pm.

Please contact Fr. Michael for more info.

### **Phillip's Fast**

November 15 – December 24

Please see pages 2-4 of the bulletin for more information.

### **Tuesday, November 21: Entrance of the Theotokos—Solemn Feast**

November 20 at 6:30pm—Great Vespers

November 21 at 10am—Divine Liturgy

### **Thursday, November 23: Thanksgiving Day**

November 23 at 10am—Divine Liturgy

### **Wednesday, December 6: Nicholas of Myrna, Archbishop—Solemn Feast**

December 5 at 6:30pm—Great Vespers

December 6 at **7:30am**—Festal Matins, 10am—Divine Liturgy

### **Friday, December 8: Maternity of Holy Anna—Solemn Feast**

December 7 at 6:30pm—Vigil Vespersal Divine Liturgy

December 8 at 8am—Festal Matins, 10am—Divine Liturgy

### **Sunday, December 10: St. Nicholas Potluck at 12pm (noon)**

## **PHILLIP'S FAST**

### **November 15 to December 24**

The Phillip's Fast begins November 15th. This Fast has been in existence since at least the 15<sup>th</sup> century and is called the Nativity Fast or the Phillip's Fast since it begins the day after the feast of St. Phillip. (The "Fast of Saints Gurias, Samonas and Habib" (Nov 15th) doesn't roll off the tongue as easily.) This 40-day fast in preparation for Christmas, like the others (The Great Fast, etc.), involves prayer (our communication with God takes on a tone of anticipation), fasting (denying ourselves certain earthly goods so that we are yearning for Christ's coming with our body as much as we are with our mind and spirit) and almsgiving (involving the wider community, especially the needy, in our preparations). We "empty ourselves of ourselves" through these penitential actions so that we may be "filled up" with Christ when He comes as an infant. Here are a couple of resources you might find helpful. One comes from the Typicon of our Byzantine Ruthenian Catholic Church as well as the regulations observed by our Byzantine nuns at Christ the Bridegroom Monastery in Burton, Ohio.

**From the Typicon of the Metropolia of Pittsburgh—with extra clarifications:**

According to the forty-day tradition, the Phillip's Fast in preparation for Christmas begins on Wednesday, November 15, 2023. During this fast, it was the custom to observe a strict abstinence on Monday, Wednesday and Friday (no meat, dairy, wine, or oil) and a lesser abstinence (mitigation for wine and oil but still abstaining from meat and dairy) on Tuesday and Thursday. The fast is observed more strictly from December 10, with daily strict abstinence, and a mitigated abstinence (wine and oil) on Saturday and Sunday. The Ruthenian Metropolia has identified this period as a penitential season. The fast may be observed voluntarily, partially, or in its entirety.

**From Christ the Bridegroom Monastery from last year:**

Abstinence from meat and dairy for the entirety of the Fast. Abstinence from wine and oil from December 10<sup>th</sup> to the 24<sup>th</sup> except on Saturday and Sunday. Abstinence from fish with backbones (not considered part of the "meat" mentioned earlier) on Wednesdays, Fridays and from December 10<sup>th</sup> to the 24<sup>th</sup>. Mother Theodora allows dairy on St. Nicholas Day and a full mitigation of the fast on Thanksgiving and the Saturday following Thanksgiving (usual fasting on the Friday following Thanksgiving).

I encourage you to prayerfully decide on a fasting regimen based on one of these guidelines and stick with it throughout the fast. Let me know if you have questions. Remember that if you have an eating disorder, allergies, or any type of physical, mental, or spiritual reason to observe an atypical fast, talk to a mentor and adapt your practice with a sincere and penitent heart.

You might enjoy reading this helpful reflection on the season put out by a different Byzantine Particular Church, the Melkites who have a shorter fasting season from ours: <https://melkite.org/wp-content/uploads/2015/10/Christmas-Fast-in-the-Home.pdf> A book which has ideas for family participation in the Phillip's Fast including a Byzantine Jesse Tree: <https://www.byzimom.com/product-page/the-jesse-tree-a-family-guide-through-the-season-of-advent-and-philipovka>

**Daily Liturgical Prayer Cycle of Services**

Part 2

Christianity inherited from the Jews the practice of praying several times during the day, and under monastic influence these prayers developed into the various Hours of the day (**First, Third, Sixth, and Ninth Hours**). These times of prayer take their names from the Roman practice of dividing both the day and night into twelve equal periods or "hours"; that is why, for example, the "third hour [of the day]" is around 9 o'clock in the morning. These prayer services are short, and can be memorized and prayed at home or at work.

Finally, a short service called **Typika** may be celebrated on days when there is no Divine Liturgy. It uses the hymns and readings appointed for the day's Divine Liturgy, and at one time included a service of Holy Communion.

The following table lists the services that are celebrated daily in monasteries and churches of the Byzantine liturgical tradition around the world:

| <b><u>Service</u></b>  | <b><u>Time of celebration</u></b><br>(approximate) | <b><u>Themes</u></b>  |
|------------------------|--|---|
| <b>Vespers</b>         | Sunset   | Thanksgiving for creation;<br>Christ the light of the world |
| <b>Compline</b>        | Late evening                                       | Protection during the night                                 |
| <b>Midnight Office</b> | During the night                                   | Meditation on the unexpected coming of Christ               |
| <b>Matins</b>          | Sunrise  | Supplication and praise of Almighty God                     |
| <b>First Hour</b>      | 7 AM (or immediately after Matins)                 | Prayer at the beginning of the day's work                   |
| <b>Third Hour</b>      | 9 AM   | Descent of the Holy Spirit at Pentecost                     |
| <b>Sixth Hour</b>      | 12 noon  | Crucifixion of Christ                                       |
| <b>Ninth Hour</b>      | 3 PM   | Death of Christ   |
| <b>Typika</b>          | varies   | Psalms and prayers of the day                               |

Together, these services are called **the Divine Praises**. They serve to sanctify the day, keep the believer's mind attentive to God's presence, and provide us with regular moments of prayer. The texts for the services are found in the liturgical book called the Horologion, or "book of hours."

Info retrieved from Metropolitan Cantor Institute: <https://mci.archpitt.org/liturgy/DailyCycle.html>



## SACRAMENTAL SCHEDULE

CONFESSIONS: Check current bulletin. Also, by appointment.

ANOINTING OF THE SICK: After the Holy Services in church before hospitalization. For emergencies, please call the parish office immediately.

BAPTISM/CHRISMATION/EUCHARIST: Must be arranged at least three months in advance.

CROWNING IN MARRIAGE: Must be arranged at least six months in advance.

### SUNDAY GIFTS TO THE LORD

**November 12, 2023:**

Total bank Deposit: \$2,241.

**Regular parish income: \$2,241.**

**Tithes: \$1,450.**

**Building Fund: \$60.**

**Donations: \$447.**

**Candles: \$47.**

**Bake Sale: \$69.**

**Gift Shop: \$168.**

Your donations are enabling us to continue paying our bills at St Anne's. Thank you!  
Please note that you have three ways to contribute: 1) Place your donation in the collection basket or the secure locked box in the Narthex; 2) Mail it; or 3) Go to [www.stanneslo.org](http://www.stanneslo.org) and click on the Giving tab.

**May God bless your generosity to His Church!**

### OIL LAMP INTENTIONS

Eternal Lamp above Ambon in church: **[available]**

Eternal Lamp to St. Anne in the narthex: **[available]**

Icon of Jesus Christ: **For vocations in the Eparchy of Phoenix by James Rowen (October 29 through December 2)**

Icon of the Theotokos: **Katherine Bradley by James Rowen (October 29 through December 2)**

Icon of St. Anne: **[available]**

Icon of St. Mary Magdalene: **[available]**

Icon of St. John the Baptist: **[available]**

Icon of St. Nicholas: **[available]**

**Oil Lamp Intentions:** The large "eternal" vigil oil lamps have a suggested offering of \$10 and will burn continuously from Sunday through Saturday. The other smaller oil lamps are each available for a suggested \$2 offering, which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one above. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.) See narthex envelopes to sponsor a lamp. Make checks payable to **St. Anne Catholic Church**.

**Birthdays:** November 19—Alina V.; November 23—Katie Crandall;  
November 24—Michele Tompkins; November 24—Thomas Gomez Jr.

**Anniversaries:** November 23—Ernie and Brenda Garcia

**God grant them many blessed years!**

**Liturgy Intentions:** Please fill out one of the Liturgy Intention envelopes on the greeting table in the narthex with the name of your living or deceased person. Make checks payable to **St. Anne Stipends** and write "Liturgy Stipend" in your memo line. Donations are not required, though the suggested stipend from the Pastoral Handbook is \$10, which is later paid to the priest offering the Liturgy. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.)

#### **Safe Environment Info**

The Eparchy, within all its parishes, institutions and programs, is committed to assuring a safe environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People.

For additional information regarding the eparchial Safe Environment Program or to report any incidents or concerns, please contact:

Sbdcn Paul Kilroy, Safe Environment Program Coordinator

Cell: (480) 745-0316 -- Office: (602) 861-9778 ext. 203; Email: [sbdcnkilroy@ephx.org](mailto:sbdcnkilroy@ephx.org)

Dcn. Michael Hanafin, Victim Assistance Coordinator

Cell: (480) 307-5182 -- Email: [vac@ephx.org](mailto:vac@ephx.org)

**Bake Sale Volunteers:** If you would like to help with the baking of sweet rolls (Kolache), please contact Christina Aguirre at [rcaguirregang@gmail.com](mailto:rcaguirregang@gmail.com). Please bring a sack lunch and a drink to the baking day on Wednesday, November 29, at 9:30am.

**Thank you to our sausage makers!**

Last week, Roy, Paul, Christina, Joyce, Richard, Brad, Anthony, Genevieve, and Bernadette came and made the smoked sausage for us. (Hope I didn't miss anybody). They made the social hall smell amazing! Thank you to them for all their work and for keeping this traditional ethnic food alive in our parish.

**Financial Help Needed:** The exterior stucco project is going to cost more than is in our savings account. Any extra donations toward this project will be greatly appreciated. The project aims at fixing water damage and preventing it from happening in the future. Please talk to Fr. Michael about how to prepare your donation if it is \$1,000 or more.

**Thank you to our deck sanders and stainers!**

Over the past few weeks, Roy, Genevieve, and Bernadette did a great job sanding and staining the railings of the new rectory deck! Thank you so much to them for all their work which saved the parish \$1,500 of paying the professionals to do it. The deck construction was finished in late September and so now the rectory deck is officially complete!

**2024 Liturgical Wall Calendars:** Please pick up a new Liturgical Wall Calendar in the narthex.

**Vocation Corner:**

***TWENTY-FIFTH SUNDAY AFTER PENTECOST– November 19th, 2023***

“...Tonight your soul is demanded of you.” We are not our own, and this is equally true of the blessings in our lives. Jesus speaks sternly of the need to understand this so that we can be “rich toward God”. If you are blessed with the richness of a calling from God to be a priest, deacon, subdeacon, monk or nun, will you answer it with the same yes that we see in the saints? To learn more, contact the Vocations Office at 206-329-9219 or email: [vocations@ephx.org](mailto:vocations@ephx.org)