

TWENTY-FOURTH SUNDAY AFTER PENTECOST

November 12, 2023



But a Samaritan traveler who came upon him was moved with compassion at the sight.

--Luke 10:33

St. Anne Byzantine Catholic Church

222 E. Foothill Boulevard, San Luis Obispo, CA 93405

Parish Office: (805) 543-8883

Parish website: www.stanneslo.org

Pastor's e-mail: stanneslo@gmail.com

Served by: Father Michael Bezruchka, Pastor

Deacon John Bradley

Bishop: Most Reverend Kurt Burnette, Apostolic Administrator Sede Vacante

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix

Welcome! We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you would like to be an active member of our Byzantine Catholic community, please contact the parish office. Since we are one Catholic Church with many Traditions (each that includes a liturgical rite), becoming a parishioner does not require that you make a canonical transfer of Rite, for example, from the Roman Rite to our Byzantine Rite. Yet we invite you to join us in our traditions, fast days, and feast days so as to better understand and perhaps one day embrace our Eastern Catholic spirituality. Please join us for our Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and make yourself known to our Pastor who would be happy to answer your questions. Welcome to St. Anne's!

St. Anne bulletin email list: Would you like to have our bulletin emailed to you each week? Request it at stanneslo@gmail.com

Glory to Jesus Christ! Glory forever!

This week's liturgical schedule: (Check the MCI <https://mci.archpitt.org> for music and prayers.)

Livestreaming of Sunday in the parking lot is available for those taking extra health precautions.

<i>Saturday, November 11</i>	5 PM Great Vespers	Leviticus 19:13-18; Proverbs 3:21-35.
<i>Sunday, November 12</i> Use handout	Confessions: 8:30-9:20 AM <u>9:30 AM Matins</u> 10 AM Divine Liturgy Intention: For Parishioners 12 PM	<i>TWENTY-FOURTH SUNDAY AFTER PENTECOST</i> Ephesians 2:14-22; Luke 10:25-37. <u>Tone 7</u> ECF classes
<i>Monday, November 13</i> MCI or p. 372	No liturgical services today. Parish Office Closed	<i>Our Holy Father John Chrysostom, Archbishop of Constantinople</i> Hebrews 7:26 – 8:2; John 10:9-16.
<i>Tuesday, November 14</i> MCI or p. 368	7 AM Divine Liturgy +Poor Souls Rusty & Juanita Risch	<i>Holy and Illustrious Apostle Philip</i> 1 Corinthians 4:9-16; John 1:43-51. Parish Office Open
<i>Wednesday, November 15</i> Use handout	7 AM Matins Day of Alleluia Philip's Fast: November 15 to December 24 7 PM Parastas for +Patrick Romero	<i>Holy Martyrs and Confessors Gurias, Samonas and Habib</i> 2 Thessalonians 2:1-12; Luke 15:1-10. Parish Office Open
<i>Thursday, November 16</i> Use handout	10 AM Funeral Service for +Patrick Romero 6 PM	<i>Holy Apostle and Evangelist Matthew</i> Readings of day: 1 Cor. 4:9-16; Matt. 9:9-13 (Funeral readings different) Parish Office Open RCIA
<i>Friday, November 17</i> MCI or p. 372	Confessions: 4:30-5:00 PM 5:30 PM Divine Liturgy Healing & Prosperity for Family Members by Remy & Genevieve Cruz	<i>Holy Father Gregory the Wonder-worker, Bishop of Neocaesarea</i> 2 Thessalonians 3:6-18; Luke 16:15-18, 17:1-4. Parish Office Open
<i>Saturday, November 18</i> MCI or p. 381 Use handout	Confessions: 9-9:30 AM 10 AM Divine Liturgy +Galina Sirotkina by Ames Elmendorf 5 PM Great Vespers	<i>Holy Martyrs Plato and Roman</i> Galatians 1:3-10; Luke 9:57-62. Parish Office Open Ecclesiastes 2:1-11; Sirach 11:10-27.
<i>Sunday, November 19</i> Use handout	Confessions: 8:30-9:20 AM <u>9:30 AM Matins</u> 10 AM Divine Liturgy Intention: For Parishioners 12 PM	<i>TWENTY-FIFTH SUNDAY AFTER PENTECOST</i> Ephesians 4:1-6; Luke 12:16-21. <u>Tone 8</u> ECF classes

UPCOMING CALENDAR DATES

RCIA classes every Thursday at 6pm.

There will be no class on Thanksgiving Day.
Please contact Fr. Michael for more info.

Phillip’s Fast

November 15 – December 24
Please see pages 5-7 of the bulletin for more information.

Tuesday, November 21: Entrance of the Theotokos—Solemn Feast

November 20 at 6:30pm—Vigil Vesperal Divine Liturgy
November 21 at 10am—Divine Liturgy

Thursday, November 23: Thanksgiving Day

November 23 at 10am—Divine Liturgy

Wednesday, December 6: Nicholas of Myrna, Archbishop—Solemn Feast

December 5 at 6:30pm—Vigil Vesperal Divine Liturgy
December 6 at 10am—Divine Liturgy

Friday, December 8: Maternity of Holy Anna—Solemn Feast

December 7 at 6:30pm—Vigil Vesperal Divine Liturgy
December 8 at 10am—Divine Liturgy

Sunday, December 10: St. Nicholas Potluck at 12pm (noon)



SACRAMENTAL SCHEDULE

CONFESSIONS: Check current bulletin. Also, by appointment.

ANOINTING OF THE SICK: After the Holy Services in church before hospitalization. For emergencies, please call the parish office immediately.

BAPTISM/CHRISMATION/EUCHARIST: Must be arranged at least three months in advance.

CROWNING IN MARRIAGE: Must be arranged at least six months in advance.

SUNDAY GIFTS TO THE LORD

November 5, 2023: Total bank Deposit: \$2,295.25 Regular parish income: \$2,245.25	Tithes: \$1,425. Building Fund: \$120. Donations: \$522. Candles: \$22. ECF Fees: \$50. *Priest's Medical Insurance: \$50.	Bake Sale: \$62. Gift Shop: \$28.25 Reimbursement for Shipping: \$16. * Special collections initiated by the Eparchy do not count as income to the parish.
October 2023	Online Donation: \$308.55 Online Donation: \$101.	Total online deposits for October: \$409.55 Total online parish income for October: \$409.55
Your donations are enabling us to continue paying our bills at St Anne's. Thank you! Please note that you have three ways to contribute: 1) Place your donation in the collection basket or the secure locked box in the Narthex; 2) Mail it; or 3) Go to www.stanneslo.org and click on the Giving tab. May God bless your generosity to His Church!		

OIL LAMP INTENTIONS

- Eternal Lamp above Ambon in church: [For a new bishop by James Rowen \(Nov. 5-18\)](#)**
- Eternal Lamp to St. Anne in the narthex: [\[available\]](#)**
- Icon of Jesus Christ: [For vocations in the Eparchy of Phoenix by James Rowen \(October 29 through December 2\)](#)**
- Icon of the Theotokos: [Katherine Bradley by James Rowen \(October 29 through December 2\)](#)**
- Icon of St. Anne: [\[available\]](#)**
- Icon of St. Mary Magdalene: [\[available\]](#)**
- Icon of St. John the Baptist: [\[available\]](#)**
- Icon of St. Nicholas: [\[available\]](#)**

Oil Lamp Intentions: The large "eternal" vigil oil lamps have a suggested offering of \$10 and will burn continuously from Sunday through Saturday. The other smaller oil lamps are each available for a suggested \$2 offering, which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one above. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.) See narthex envelopes to sponsor a lamp. Make checks payable to **St. Anne Catholic Church**.

Birthdays: November [none]

Anniversaries: November 16—Tom & Paula Gomez

God grant them many blessed years!

Liturgy Intentions: Please fill out one of the Liturgy Intention envelopes on the greeting table in the narthex with the name of your living or deceased person. Make checks payable to **St. Anne Stipends** and write “Liturgy Stipend” in your memo line. Donations are not required, though the suggested stipend from the Pastoral Handbook is \$10, which is later paid to the priest offering the Liturgy. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.)

Baptism of Sebastian Russ

This Sunday, November 12, Sebastian Marcus Russ is getting baptized. He was born last month a bit early and is now ready for his second birth through the waters of baptism! May God grant Sebastian many happy and blessed years!

Video footage of the Ordination of Bishop Robert M. Pipta

For those of you who were not able to come to St. Anne’s to watch the ordination of Fr. Robert Pipta from our eparchy to becoming Bishop Robert Pipta, here is the website to watch it. He is now the Bishop of the Eparchy of Parma (not our eparchy). If you cannot find it at the top, look at the “On Demand” tab and look for 11/8/2023 ordination link: <https://www.jedtv.com/st-nicholas-byzantine.html?bfplayvid=723066>

Safe Environment Info

The Eparchy, within all its parishes, institutions and programs, is committed to assuring a safe environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People.

For additional information regarding the eparchial Safe Environment Program or to report any incidents or concerns, please contact:

Sbdcn Paul Kilroy, Safe Environment Program Coordinator

Cell: (480) 745-0316 -- Office: (602) 861-9778 ext. 203; Email: sbdcnkilroy@ephx.org

Dcn. Michael Hanafin, Victim Assistance Coordinator

Cell: (480) 307-5182 -- Email: vac@ephx.org

Sausage Making and Baking: Sausage making will be starting the week of November 13. Please contact Roy Aguirre if you can help. If you are able to help with the baking, please contact Christina Aguirre. Thank you.

Vocation Corner:

TWENTY-FOURTH SUNDAY AFTER PENTECOST – November 12th, 2023

Merciful Lord, you call us to have mercy on everyone, showing compassion as the Good Samaritan did. To help us pour out mercy to the world we ask that you give our Church an increase in vocations to the priesthood, diaconate in Christ, and the monastic life, so that we may all grow in loving you and our neighbor, we pray you hear and have mercy.

“Go and do likewise.” Our Lord teaches the rich young man that showing mercy to all is the way to best fulfill the two greatest commandments, of loving God and loving our neighbor. For each of us, to “go and do likewise” will look different based on our unique gifts from God. Some of us are called to show mercy by serving the Church as priests, deacons, subdeacons, monks and nuns. If that may be your calling, contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

PHILLIP'S FAST

November 15 to December 24

The Phillip's Fast begins November 15th. This Fast has been in existence since at least the 15th century and is called the Nativity Fast or the Phillip's Fast since it begins the day after the feast of St. Phillip. (The "Fast of Saints Gurias, Samonas and Habib" (Nov 15th) doesn't roll off the tongue as easily.) This 40-day fast in preparation for Christmas, like the others (The Great Fast, etc.), involves prayer (our communication with God takes on a tone of anticipation), fasting (denying ourselves certain earthly goods so that we are yearning for Christ's coming with our body as much as we are with our mind and spirit) and almsgiving (involving the wider community, especially the needy, in our preparations). We “empty ourselves of ourselves” through these penitential actions so that we may be “filled up” with Christ when He comes as an infant. Here are a couple of resources you might find helpful. One comes from the Typicon of our Byzantine Ruthenian Catholic Church as well as the regulations observed by our Byzantine nuns at Christ the Bridegroom Monastery in Burton, Ohio.

From the Typicon of the Metropolia of Pittsburgh—with extra clarifications:

According to the forty-day tradition, the Phillip's Fast in preparation for Christmas begins on Wednesday, November 15, 2023. During this fast, it was the custom to observe a strict abstinence on Monday, Wednesday and Friday (no meat, dairy, wine, or oil) and a lesser abstinence (mitigation for wine and oil but still abstaining from meat

and dairy) on Tuesday and Thursday. The fast is observed more strictly from December 10, with daily strict abstinence, and a mitigated abstinence (wine and oil) on Saturday and Sunday. The Ruthenian Metropolia has identified this period as a penitential season. The fast may be observed voluntarily, partially, or in its entirety.

From Christ the Bridegroom Monastery from last year:

Abstinence from meat and dairy for the entirety of the Fast. Abstinence from wine and oil from December 10th to the 24th except on Saturday and Sunday. Abstinence from fish with backbones (not considered part of the "meat" mentioned earlier) on Wednesdays, Fridays and from December 10th to the 24th. Mother Theodora allows dairy on St. Nicholas Day and a full mitigation of the fast on Thanksgiving and the Saturday following Thanksgiving (usual fasting on the Friday following Thanksgiving).

I encourage you to prayerfully decide on a fasting regimen based on one of these guidelines and stick with it throughout the fast. Let me know if you have questions. Remember that if you have an eating disorder, allergies, or any type of physical, mental, or spiritual reason to observe an atypical fast, talk to a mentor and adapt your practice with a sincere and penitent heart.

You might enjoy reading this helpful reflection on the season put out by a different Byzantine Particular Church, the Melkites who have a shorter fasting season from ours: <https://melkite.org/wp-content/uploads/2015/10/Christmas-Fast-in-the-Home.pdf> A book which has ideas for family participation in the Phillip's Fast including a Byzantine Jesse Tree: <https://www.byzimom.com/product-page/the-jesse-tree-a-family-guide-through-the-season-of-advent-and-philipovka>

Daily Liturgical Prayer Cycle of Services

Part 2

Christianity inherited from the Jews the practice of praying several times during the day, and under monastic influence these prayers developed into the various Hours of the day (**First, Third, Sixth, and Ninth Hours**). These times of prayer take their names from the Roman practice of dividing both the day and night into twelve equal periods or "hours"; that is why, for example, the "third hour [of the day]" is around 9 o'clock in the morning. These prayer services are short, and can be memorized and prayed at home or at work.

Finally, a short service called **Typika** may be celebrated on days when there is no Divine Liturgy. It uses the hymns and readings appointed for the day's Divine Liturgy, and at one time included a service of Holy Communion.

The following table lists the services that are celebrated daily in monasteries and churches of the Byzantine liturgical tradition around the world:

<u>Service</u>	<u>Time of celebration</u> (approximate)	<u>Themes</u>
Vespers	Sunset	Thanksgiving for creation; Christ the light of the world
Compline	Late evening	Protection during the night
Midnight Office	During the night	Meditation on the unexpected coming of Christ
Matins	Sunrise	Supplication and praise of Almighty God
First Hour	7 AM (or immediately after Matins)	Prayer at the beginning of the day's work
Third Hour	9 AM	Descent of the Holy Spirit at Pentecost
Sixth Hour	12 noon	Crucifixion of Christ
Ninth Hour	3 PM	Death of Christ
Typika	varies	Psalms and prayers of the day

Together, these services are called **the Divine Praises**. They serve to sanctify the day, keep the believer's mind attentive to God's presence, and provide us with regular moments of prayer. The texts for the services are found in the liturgical book called the Horologion, or "book of hours."

Info retrieved from Metropolitan Cantor Institute: <https://mci.archpitt.org/liturgy/DailyCycle.html>