

SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS
September 10, 2023



*"Whoever wishes to come after me must deny himself, take up his cross, and follow me."
—Mark 8:34*

St. Anne Byzantine Catholic Church

222 E. Foothill Boulevard, San Luis Obispo, CA 93405

Parish Office: (805) 543-8883

Parish website: www.stanneslo.org

Pastor's e-mail: stanneslo@gmail.com

Served by: Father Michael Bezruchka, Pastor

Deacon John Bradley

Bishop: Most Reverend Kurt Burnette, Apostolic Administrator Sede Vacante

Holy Protection of Mary

Byzantine Catholic Eparchy of Phoenix

Welcome! We are honored to have you come to worship with us. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the congregation to carry you in worship. We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long-time residents or newly arrived in the parish. We thank God that you are with us. If you would like to be an active member of our Byzantine Catholic community, please contact the parish office. Since we are one Catholic Church with many Traditions (each that includes a liturgical rite), becoming a parishioner does not require that you make a canonical transfer of Rite, for example, from the Roman Rite to our Byzantine Rite. Yet we invite you to join us in our traditions, fast days, and feast days so as to better understand and perhaps one day embrace our Eastern Catholic spirituality. Please join us for our Coffee Social, held in the fellowship hall, immediately after the Divine Liturgy and make yourself known to our Pastor who would be happy to answer your questions. Welcome to St. Anne's!

St. Anne bulletin email list: Would you like to have our bulletin emailed to you each week? Request it at slosa.email@gmail.com

Glory to Jesus Christ! Glory forever!

This week's liturgical schedule: (Check the MCI <https://mci.archpitt.org> for music and prayers.) Livestreaming of Sunday in the parking lot is available for those taking extra health precautions. Contact the pastor.

<i>Saturday, September 9</i> Use handout	5 PM Great Vespers	Numbers 21:4-9; Wisdom 16:5-13.
<i>Sunday, September 10</i> Use handout	Confessions: 8:30-9:20 AM 9:30 AM Matins 10 AM Divine Liturgy Intention: For Parishioners	<i>SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS</i> Galatians 6:11-18; John 3:13-17. <u>Tone 6</u>
<i>Monday, September 11</i>	No liturgical services today. Parish Office Closed	<i>Venerable Mother Theodora of Alexandria</i>
<i>Tuesday, September 12</i> p. 243	7 AM Divine Liturgy Parish Office Open Fr. Christopher Andrews by the Nicolas Vanherweg Family	<i>Leave-taking of the Feast of the Nativity of the Theotokos</i> Galatians 5:11-21; Mark 7:5-16.
<i>Wednesday, September 13</i> MCI or p. 252	Confessions: 5:30-6:00 PM 6:30 PM Vigil Vespersal Divine Liturgy +Mollie Pacheco by John & Myrna Bradley	<i>Vigil, SOLEMN FEAST OF THE EXALTATION OF THE HOLY CROSS</i> Exodus 15:22 - 16:1; Proverbs 3:11-18; Isaiah 60:11-16. Parish Office Open.
<i>Thursday, September 14</i> MCI or p. 253	8 AM Festal Matins Confessions: 9:15-9:30 AM 10 AM Divine Liturgy Intention: For Parishioners	<i>SOLEMN FEAST OF THE EXALTATION OF THE HOLY CROSS</i> <i>By Tradition, Day of Strict Fast</i> <i>Passing of our Holy Father John Chrysostom, Archbishop of Constantinople</i> 1 Corinthians 1:18-24; John 19:6-11, 13-21, 25-27, 30-35.
<i>Friday, September 15</i> MCI or p. 379	Confessions: 4:30-5:00 PM 5:30 PM Divine Liturgy Special Intention by Fr. Michael Parish Office Open	<i>Holy Great Martyr Nicetas</i> Ephesians 1:7-17; Mark 8:1-10.

<p>Saturday, September 16 MCI</p> <p>Use handout.</p>	<p>9:30 AM Acolyte Training 11:00 AM Divine Liturgy Mary Lynn Cihak by Fr. Michael 12:15 PM Pizza Lunch Parish Office Open 5 PM Great Vespers</p>	<p>Saturday After the Exaltation of the Cross The Holy Great Martyr Euphemia 1 Corinthians 1:26-29; John 8:21-30.</p> <p>Sirach 2:1-9; Isaiah 50:4-9.</p>
<p>Sunday, September 17 Use handout</p>	<p>Confessions: 8:30-9:20 AM 9:30 AM Matins 10 AM Divine Liturgy Intention: For Parishioners 12:30 PM Group Safe Environment Presentation</p>	<p>SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS Galatians 2:16-20; Mark 8:34 - 9.1. <u>Tone 7</u></p> <p>Sean Baird and Virtus in the Social Hall.</p>

UPCOMING CALENDAR DATES

Thursday, September 14: EXALTATION OF THE HOLY CROSS—Solemn Feast

September 13 at 6:30 PM—Vigil Vespersal Divine Liturgy;
September 14 at 8am—Festal Matins; 10am—Divine Liturgy
By Tradition, Day of Strict Fast

Saturday, September 16: Acolyte Training Session (Part 2)

September 16 at 9:30am—training session, at 11:00am—Divine Liturgy (to practice what was learned), and at 12:15pm—pizza lunch for participants.

Sunday, September 17: Group Safe Environment Presentation

September 17—Given by Sean Baird and Virtus at 12:30pm in the Social Hall.

Sunday, September 24: Eastern Catholic Formation (ECF)

Classes begin September 24, at noon. Registration forms can be found in the Narthex and on the gift shop display case. **Register no later than this Sunday, September 10.**

Eparchial Events:

November 2-5: Assembly of the Byzantine Church 2023: Gathering of Byzantine Catholics from across the US. (in Hillsborough, NJ). Sign up for email updates here: <https://form.jotform.com/230514012134134>. **Please see the back cover of the bulletin for more information.** The registration deadline is October 1, 2023.



Birthdays: September 13—Lynda Fullerton; September 16—Rick Galanti

Anniversaries: [none]

God grant them many blessed years!

SUNDAY GIFTS TO THE LORD

September 3, 2023:

Total bank Deposit: \$3,426.7

Total parish income: \$3,426.7

Tithes: \$2,415.

Building Fund: \$50.

Donations: \$653.20

Candles: \$83.25

Gift Shop: \$225.25

August 2023

Online donation: \$308.55

Total online deposits for August: \$308.55

Total online parish income: \$308.55

Your donations are enabling us to continue paying our bills at St Anne's. Thank you!

Please note that you have three ways to contribute: 1) Place your donation in the collection basket or the secure locked box in the Narthex; 2) Mail it; or 3) Go to www.stanneslo.org and click on the Giving tab.

May God bless your generosity to His Church!

OIL LAMP INTENTIONS

Eternal Lamp above Ambon in church: +Janice Sawko by Paul Sawko (10/14/23)

Eternal Lamp to St. Anne in the narthex: +Ann & Alex Sawko by Paul Sawko (10/14/23)

Icon of Jesus Christ: +Alex & Catharine Sawko by Paul Sawko (10/14/23)

Icon of the Theotokos: +Michael & Antonia Kozub by Paul Sawko (10/14/23)

Icon of St. Anne: +Ann & James O'Malley by Paul Sawko (10/14/23)

Icon of St. Mary Magdalene: +Sheryl Ibarra by Paul Sawko (10/14/23)

Icon of St. John the Baptist: +Neil & Velma Perry by Paul Sawko (10/14/23)

Icon of St. Nicholas: +Nicholas Sawko by Paul Sawko (10/14/23)

Oil Lamp Intentions: The large "eternal" vigil oil lamps have a suggested offering of \$10 and will burn continuously from Sunday through Saturday. The other smaller oil lamps are each available for a suggested \$2 offering, which will burn for each Divine Liturgy for one week. The bulletin will remind your fellow parishioners of your special intention or loved one above. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.) See narthex envelopes to sponsor a lamp. Make checks payable to **St. Anne Catholic Church**.

LITURGY INTENTIONS Please fill out one of the Liturgy Intention envelopes on the greeting table in the narthex with the name of your living or deceased person. Make checks payable to **St. Anne Stipends** and write "Liturgy Stipend" in your memo line. Donations are not required, though the suggested stipend from the Pastoral Handbook is \$10, which is later paid to the priest offering the Liturgy. (These donations are probably not tax-deductible and are not included in your tax-deductible letter.)

Eastern Catholic Formation (ECF) registration: It's time to register your children for youth catechetical classes for the 2023-24 school year. Registration forms can be found in the Narthex and on the gift shop display case. It is very important that you meet the deadline of returning registration forms no later than **this Sunday, September 10**, so we know how many classes and teachers we need. Our first day of Sunday School instruction (equivalent to CCD) will be on Sunday, September 24. Instructors usually start class about 12 or 12:30pm depending on the instructor. Details on books and instructors will be coming soon.

Volunteer Group Safe Environment Training on September 17: For St Anne's volunteers who help in various capacities (except for occasionally bringing coffee social food), our annual Virtus training will be given next Sunday, September 17, from 12:30 - 1:45pm in the social hall. This will enable volunteers who prefer to do the training in a group and in person, the opportunity to do so. Otherwise, you will need to complete the training online. Please see Fr. Michael or Sean Baird if you have questions.

Acolyte training session (Part 2):

On Saturday, September 16, there will be a training session (as a continuation of the session held in August) at 9:30am, Divine Liturgy at 11:00am (to give extra practice for what we just learned), and a pizza lunch at 12:15pm. Acolytes are male altar servers: boys and men. Our age range is 7 to 75.

Attention Moms and Kids: Here is a great Byzantine resource for you: <https://www.byzimom.com/> with a corollary for kids: <https://www.byzimom.com/byzikids>

Free online course on the Four Cardinal VIRTUES: Here is a course on the virtues starting on September 11. Check it out: <https://instituteofcatholicculture.org/events/the-cardinal-virtues>

Online Byzantine courses and resources:


Check out www.BecomingByzantine.net where you can watch the Study Series on the Christ Our Pascha Catechism, listen to the podcast version of this series, download new tools and resources, register for other series, and more! The recording for the webinar PART 1 is now available on the website at: <https://becomingbyzantine.updates.church/#4257cc1b-a09a-4955-998f-cb8a70d5bc08>

Other great websites of Byzantine Catholic resources can be found at *God With Us Online* at <https://godwithusonline.org> and *Institute of Catholic Culture* at <https://instituteofcatholicculture.org>.

Vocation Corner:

SUNDAY BEFORE THE EXALTATION OF THE HOLY CROSS – September 10th, 2023
Lord Jesus Christ our God, you descended from heaven so that we might ascend into heaven with you. By being lifted up on the cross you bring salvation to the world. Give to your Church servants who would follow your example and give their lives to both you and the world as priests, deacons, monks and nuns who serve you in holiness, we pray you hear and have mercy.

“Certainly, God did not send his Son into the world to judge world, but so that the world should be saved through him.” Christ is truly the salvation of the world. As Christians, we are little Christs. Each of us can bring salvation to the world by living the life of Christ. Is God calling you to show his salvation to the world by a life of prayer and repentance as a priest, deacon, monk or nun? To learn more, contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

 **40 DAYS FOR LIFE.** Join your community and people in 64 countries throughout the world, in peaceful, prayerful, vigil to protect life and end abortion. From Sept. 27 through November 5, you are invited to stand and peacefully pray for 1 hour per week during a 40-day vigil in the public right-of-way outside Planned Parenthood at 743 Pismo Street. Help us proclaim the belief that every life is sacred by peacefully praying for the protection of the innocent unborn and their parents.
Prayer is powerful...**Prayerful PRESENCE** is even more powerful!

For more information, please visit: <https://www.40daysforlife.com/en/san-luis-obispo> or contact Kirt or Katie Collins at (805) 801-5680 to reserve your hour. Be a voice for the voiceless!

St Joseph's in Nipomo Retreat for Men

Hosted by Fr Skip Thompson, MSA



The Knights of Columbus, Council 8177, of St Joseph's Church in Nipomo is happy to announce its third annual Men's retreat on Saturday, September 23, from 9am to 3:45pm and the best part is that it's free. The conference is open to all men. The doors will open at 8am and the retreat will start at 9am. The retreat will conclude at 3:45pm followed by Confessions. Mass will be celebrated at 5pm. Breakfast snacks and lunch will be provided.

Please email or text Brad to reserve your spot: bradufault@aol.com or text (562) 208-1646.

Here's a "preview" to the conference, "*Being a Catholic Man in Today's Culture.*"

- Reconnaissance and braving out cultural headwinds.
- The priority of Christ and the essence of Masculinity.
- Spiritual weapons, tactics and allies.

As Catholic men, we must all put on the full armor of Christ and the only way for peace is to prepare for war.

Safe Environment Info

The Eparchy, within all its parishes, institutions and programs, is committed to assuring a safe environment in ministry for its children and vulnerable adults that conforms to the USCCB Charter for the Protection of Children and Young People.

For additional information regarding the eparchial Safe Environment Program or to report any incidents or concerns, please contact:

Sbdcn Paul Kilroy, Safe Environment Program Coordinator

Cell: (480) 745-0316 -- Office: (602) 861-9778 ext. 203

Email: sbdcnkilroy@ephx.org

Dcn. Michael Hanafin, Victim Assistance Coordinator

Cell: (480) 307-5182 -- Email: vac@ephx.org

Historic Gathering of the Byzantine Catholic Church in America



You are invited to Participate!

The registration deadline is October 1, so it's time to sign up for this historic gathering.

This gathering aims to increase the appreciation of the Byzantine Ruthenian Church's history (both in the "Old Country" and the United States) and Byzantine Ruthenian art and culture. The second goal of the assembly is to learn about the best practices occurring in our parishes today, which are contributing to the growth of our communities, with the hope that the attendees will incorporate this information into their parish activities. A third goal is to develop concrete steps to ensure the future and growth of our Church. The synodal meetings revealed these three topics to be the most important to those participating.

The Assembly will include lectures, discussions, fellowship, and a gala dinner with folk music and dancing. The fee includes meals, breaks, presentations, materials, and the gala on Saturday evening.

The clergy track will be presented on Thursday and Friday, November 2nd and 3rd, and a laity tract will occur from Friday to Sunday, November 3rd to 5th.

Fr. Michael will be attending, so it would be great for you to join him at either track that fits your schedule.

Metropolitan Archbishop William, Bishop Kurt, and the Council of Hierarchs of the Byzantine Catholic Church invite YOU to attend the "Metropolitan Assembly" at St. Mary Byzantine Catholic Church in Hillsborough, New Jersey, on Friday, November 3, through Sunday, November 5, 2023!



The Assembly cost is \$250 for individuals and \$400 for couples. The Maria Theresa Foundation will underwrite the registration fees of individuals and couples between 18 and 35. For more information, contact the Assembly coordinators, Fr. Ed Cimbala, at 212-677-0516 or Fr. Yuriy Oros at 609-394-5004. The assembly website is <https://www.byzantineassembly2023.org/> and the email is byzantineassembly2023@gmail.com.

Hope to see YOU there!